



**REUNION DAY 2024**

**CLASS OF 1934 - 1939**

**ANNIVERSARY YEARS CELEBRATION**

GRADUATION June 6, 1934



GRADUATION 1934

Left to right:  
Front row: Ruth Dooley, Betty Wellsman, Alice Schweyer, Dorothy Cobb, Sophia Minden, Marguerite Goetz, Patricia Muldoon, Gertrude MacKay, Agnes Smith, Clea Scott, Eudene Pearce, Helen Zettle, Margaret Moore

Back row: Marjorie Broker, Dorothy Craig, Doris Easterbrook, Devena Muirhead, Helen Foley, Jean Durward, Mary Nunziato, Anne McNichol, Miss Roach (Instructress), Jean Costie, Ruth Hewson, Irene Hannah, Lillian Chamberlain, Orpha Harvey, Mary Dean, Marie Stevens

Missing from photo: Vera Selkirk, Violet Bassindale, Mary MacGillicuddy, Rose Conway

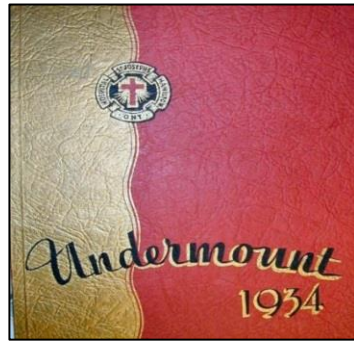
Marie Stevens (Sister Mary Grace Stevens)

# Dedication



This first Year Book is lovingly dedicated to our glorious Patron, St. Joseph, to whose paternal care we owe all our success, and through whose continued guidance we confidently hope for future progress.

Sisters of St. Joseph



1<sup>st</sup> Yearbook

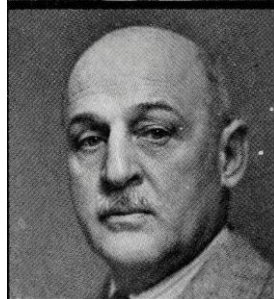


**Reverend Mother M. Martina, R.N.**

Superintendent of  
St. Joseph's Hospital



**Dr. W.P. Downes**  
Chairman



**Dr. J.R. Parry**  
Vice Chairman



His Excellency  
**Most Rev. J. T. McNally, D.D.**

Bishop of Hamilton, Ontario

Under whose patronage our First Year Book goes to publication.



**Very Reverend G. L. Cassidy**  
St. Patrick's Church



# Administration

BOARD OF DIRECTORS

Rev. Mother General of the Sisters of  
St. Joseph

and

Four elected members of the Community

SUPERINTENDENT

Rev. Mother M. Martina, R.N.

ASSISTANT SUPERINTENDENT

Rev. Sister M. Irene

SECRETARY

Rev. Sister M. Cleophas

TREASURER

Rev. Sister M. Ancilla

**F**ROM the foundation of St. Joseph's Hospital in 1890, until 1933, the priests of St. Patrick's cared for the spiritual needs of the hospital. During this period, the pastors and assistants of St. Patrick's zealously looked after all the spiritual wants of patients and staff. Each pastor in turn gave his whole-hearted support to this institution and saw it develop from small proportions to a place of primary importance in the spiritual and temporal welfare of our community.

The hospital has felt the kindly ministrations of the following pastors of St. Patrick's:—Reverend Fathers Cosgrove, Craven, Coty, Msgr. Kelly, and Very Rev. G. L. Cassidy.

In more recent years, the rapid growth of the hospital saw large classes of student nurses enter the institution. Under the guidance of Dean Cassidy, the priests of St. Patrick's did all in their power to develop true Christian character in the undergraduate. Courses of instructions in apologetics and Christian ethics were given annually. The Sodality of the Blessed Virgin Mary was established. Retreats for the nurses were encouraged. Nothing was left undone to prepare them for their noble work in life. The splendid character of the graduate nurses of St. Joseph's Hospital, reflects the spiritual care and example given them by the Sisters of St. Joseph and by the chaplains.



*Sister Monica R.N.  
Professional Ethics  
Principles of Nursing  
Superintendent of Nurses  
1934*



*Sister M. Gerard R.N.  
Operating Room Technique*



*Elsie H. Fellows  
Registered Masseuse  
Massaging*



*Helen C. Webster  
Preliminary Dietetics  
Diet in Disease*



*Florence Roach  
First "Lay"  
Instructress of Nurses*



*Annie B. Boyd  
R.N. A.R.R.C.  
Public Health Nursing*

**"Every addition to true knowledge is an addition to human nature".**

Part of the past three years of our lives has been spent in the classroom, where, under the careful direction and patient teaching of our efficient doctors and teachers, we learned those things

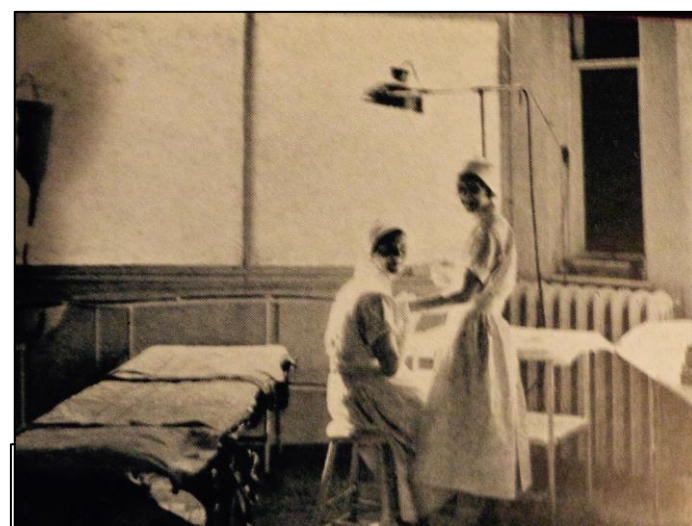
indispensable to the nursing profession—indispensable to the world. If some of us attain marked success in our profession, much gratitude must be extended to our lecturers, without whose patient help and inspiring influence, ultimate success would be impossible.

We, the Graduates of 1934, wish to thank them sincerely.

### Enemies

Speaking of enemies, don't have them. Don't fight. Don't get even. Ignore. Life is too short for grudges and vengeance. Go on. Let the other fellow stew. You keep sweet. Nothing can punish him worse. If a man doesn't like you, keep away from him. It is a large, roomy world. And thank God, there is always another side of the street.

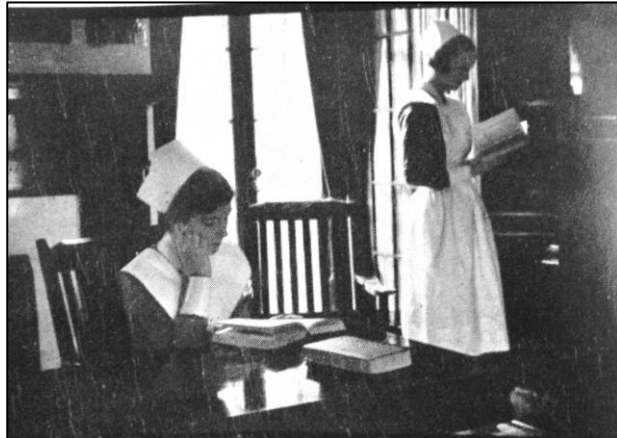
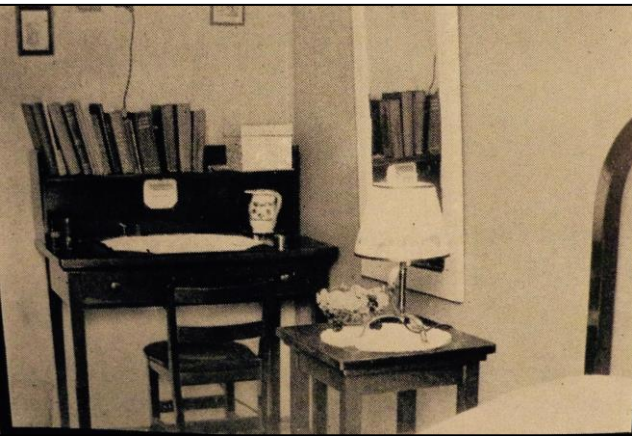
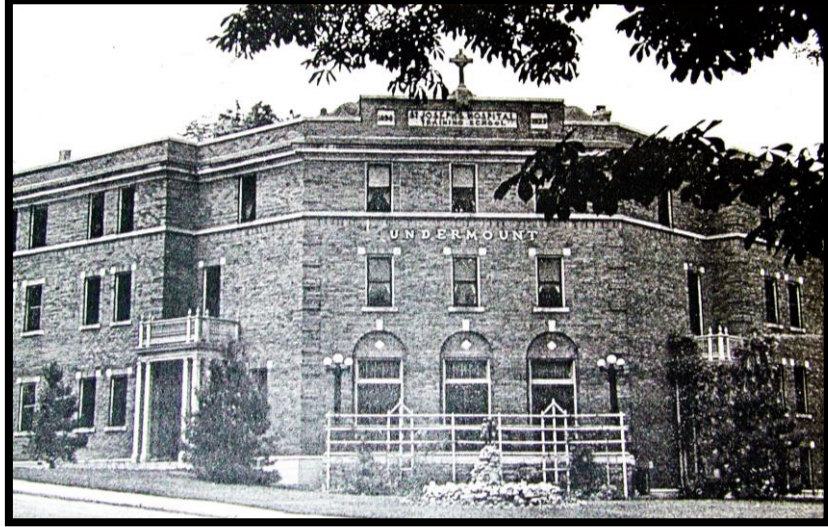
Dr. Frank Crane.



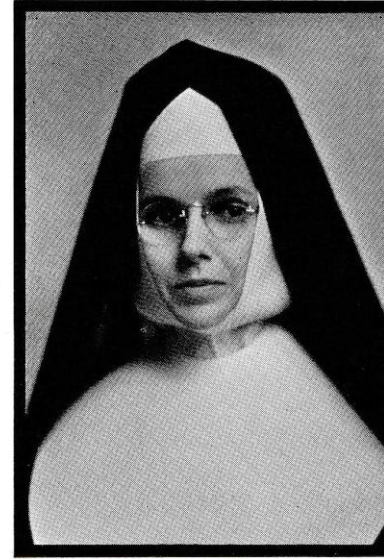
### Trained Nurses

I'VE had about a hundred nurses about my couch in recent years, while I was dodging shrouds and hearses with alternating hopes and fears. They handed me the pill and potion, the capsule and the bill of fare, and there was never wasted motion, efficiency was always there. They always knew just what was needed, at any moment of the day, and calmly, coolly they proceeded upon their proper, destined way. There never was a sign of flurry, naught could disturb their quiet mien; there never was unseemly hurry, but they were smiling and serene. When I am ill I beef like blazes, and hand out threats, and things like those, and sometimes use unpleasant phrases that call for punches on the nose. Envenomed by my health's reverses, I like to tell how tough I feel, and patiently the quiet nurses give due attention to my spiel. Their sympathy is shown in glances that are with tenderness alight; they never seem to pass up chances to show the patient he is right. At times they must grow sick and weary of hearing fat old men complain, of lamentations dark and dreary, concerning forty brands of pain. They must grow tired of patients cranky, who won't be pleased, whate'er they do, of all the dismal hanky-panky that touches aching bone and thigh. If they grow tired they do not show it, if they grow sick they shed no tear, but bend above the wailing poet, and soothe the shrieking auctioneer. They're always fresher than a daisy, however long their vigils be, you never see them looking lazy, from petty meanness they are free. They are the most efficient creatures that ever in a sickroom stood; upon their quiet, tranquil features the peace that comes from doing good.

*Written by Walt Mason  
Hamilton Spectator*



# "Undermount"



SISTER M. MONICA R.N.  
Superintendent of Nurses

"UNDERMOUNT" School for Nurses was established and opened to students in nineteen hundred and eleven, and has completed its twenty-third year. Much progress has been made during these years under the direction of Sister M. Dositheus, the first Superintendent of Nurses, and those who followed: the late Sister M. Augustine; Sister M. St. Basil; Sister M. Gerard; Sister M. Evarista; Sister M. Bernardine; Sister M. Aloysia; Genevieve Boyes (Mrs. Charles Higgins); the late Sister M. Xavier; Sister M. Assumption; Miss Mae Gibson; Sister M. Monica.

It is the purpose of the School to maintain a high standard, worthy of the ideals set by the founders, who devoted all their efforts towards its establishment and growth.

The aim of the present personnel is to provide sufficient instruction in scientific subjects to enable the students to care for their patients intelligently, and to emphasize the art rather than the science of nursing, the fundamental principles of which are founded upon the ideals of service.

A special effort is made to prepare the student nurse for advanced work, and in choosing candidates preference is given to those who have superior qualifications. A very high standard in those who take the

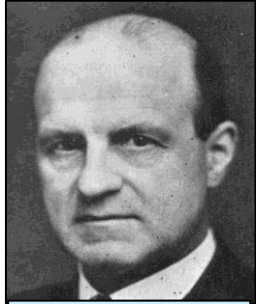
course is rigidly insisted upon. No applicant is formally received until she has demonstrated her fitness during the four months' term of her probation.

A Reference Library contains books which supplement the class work and are available for reference at all times. There is also a library of fiction to which all students have access.

*The students first priority was service to the hospital, formal education came second. Most of the nurses training was "hands-on". Student nurses need stamina and endurance. As for some students classes took place in the evening after their 12 hour shift, when the doctors and nurses were free to lecture.*



**W.P. Downes**  
B.A. M.D. C.M.  
Medicine



**H. J. Sullivan**  
M.D.  
Obstetrics



**K. Murray M.D.**  
F.R.C.S. © M.S.  
Surgery



**L. Playfair M.D.**  
F.R.C.S.  
First Aid and  
Emergencies



**W.J. Brough**  
M.D.C.M.  
Anaesthetics and  
Metabolism



**A.C. Martin M.D.**  
Preventive Medicine  
& Hygiene



**W.A. Weaver**  
M.D.C.M.  
Physiology



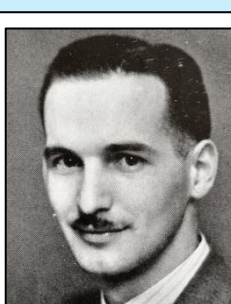
**A.A. Cauley**  
M.D.C.M.  
Obstetrics



**F. Woodhall M.D.**  
Orthopedic Surgery



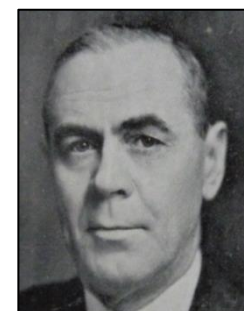
**J.H. Kreiner M.D.**  
Psychiatry



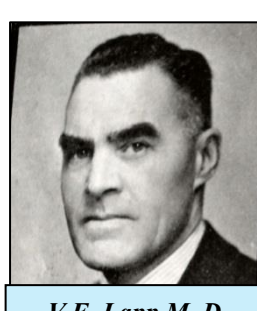
**E.J.K. Reid PHM D.**  
Material Medica



**A.D. Kelley M.D.**  
Pediatrics



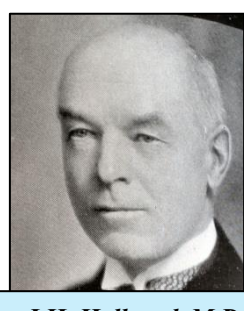
**Wm. Jamieson M.D.**  
Gynecology



**V.E. Lapp M.D.**  
Otolaryngology  
Ophthalmology



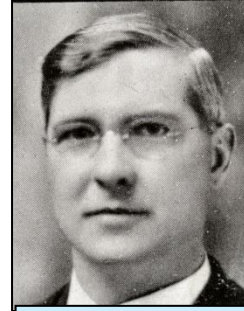
**W.R. Jaffery**  
M.D.C.M.  
Dermatology



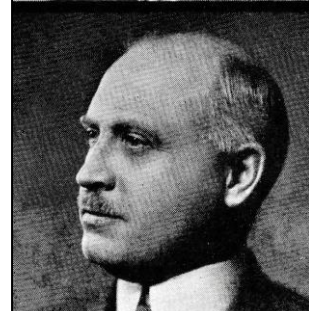
**J.H. Holbrook M.D.**  
F.R.C.P. © F.A.C.P.  
Tuberculosis



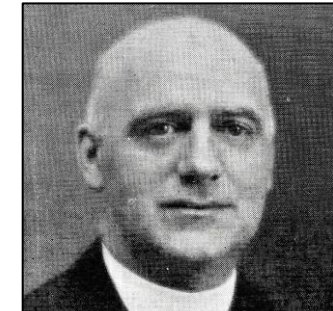
**R.J. Fraser M.D.**  
Anatomy



**E.N. Ballantyne**  
B.A. M.D. MSc.  
Bacteriology



**L.R. Hess**  
M.B. F.A.C.P.



**Rev. J.S. McDowell**  
Diocesan Director of Health

# Royal Award Winner, Dr. Alfred Martin Dies

DR. ALFRED C. MARTIN  
Once honored by Queen

Dr. Alfred Charles Martin, 69, a veteran general practitioner in Hamilton who was honored by Her Majesty Queen Elizabeth, died today at St. Joseph's hospital.

the Scottish Rite, (32nd degree). Surviving are: his wife, the former Myrtle Dodsworth; one daughter, Margaret Mary Keeler, of Hamilton, two sisters, Mrs. William Hannah and Mrs.

Ada Williams, both of Hamilton. The body is at the J. B. Marlatt funeral Home for service in the chapel on Tuesday, at 2 p.m. Interment will be at Hamilton Cemetery.

He was the holder of the Order of Serving Brother, awarded by the Queen for outstanding service to the St. John Ambulance Brigade.



DR. MARTIN practised in Hamilton for 48 years after graduating from Toronto University when only 21.

He lived at 862 Main Street East and practised at the Medical Arts building.

For many years he was a member of the lecturing staff at Joseph's Hospital nursing school.

HE WAS a former secretary of the Hamilton Academy of Medicine and a member of the Doric Lodge AF and AM and

**Dr. Alfred Charles Martin** was a general practitioner in Hamilton for 48 years after graduating from Toronto University at age 21. He practiced at the Medical Arts building. For many years he was a member of the lecturing staff at St Joseph's Hospital nursing school. He was a former secretary of the Hamilton Academy of Medicine and a member of the Doric Lodge and the Scottish Rite. He was the holder of the Order of Serving Brother, awarded by Queen Elizabeth for outstanding service to the St John Ambulance Brigade.

## "Undermount" June Sixth Our Graduation Day

TRULY, the class of '34 seemed to be in the good graces of the weatherman. The graduates assembled at six twenty-five to attend Holy Mass in the hospital chapel, during which the Sisters' choir sang.

After Mass, breakfast was served in the classroom by the probationers, who hope to be the graduates of '37. After breakfast, Rev. Father Beninger spoke briefly to the graduates, encouraging them to continue the good work for which they had been prepared during their student days.

Through the courtesy of our graduate nurses, who took our places on duty in the hospital, we were free to enjoy the day.

Guests and relatives had assembled in the hall when, at three o'clock, the graduates in their new, white uniforms, carrying arm bouquets of red roses tied with the school colours, took their places on the platform.

Dr. W. P. Downes, chairman of the graduation exercises, in extending congratulations to the members of the class, said: "I urge you to continue your education. Remember, it is a continuous process and should go on to the end of life. The aim of your School has been to develop, by sound teaching methods, these essentials: first, knowledge obtained in the classroom, so as to think well; second, skill obtained by service on the wards, so as to work well; third, character by good, sound moral training, so as to live well. These three lead to success."

Dr. Downes also spoke of the heroic conduct of former graduates of the School: one nurse who



*Written by Mary Nunziato*

stood by her patient during the terrific earthquake in Long Beach, California, and two others who had paid the supreme sacrifice in discharge of their duties, Miss Mildred Souter in India, working in the foreign mission fields, and Miss Dorothy Landers, of this city.

Reverend Father Hinchey, Director of Catholic Charities, brought congratulations from the clergy of the diocese. In his remarks to the class, he urged that no better example was to be found for nurses to follow, than that given by the medical profession. All remuneration was most justly due, but all service must be with the thought of what could be given. Many sacrifices lay before them, and they must be of good heart, willing and competent.

Dr. L. L. Playfair conveyed the greetings and good wishes of the Sisters and Staff of the hospital, and congratulated the graduates upon having arrived at this happy stage in their careers after three years of work and study. After assuring the class they need not take notes and that no examination would be set, as was customary when he spoke in the classroom, he continued: "The nursing field is constantly widening and is presenting an ever-extending front in the battle against disease. Public health nurses are doing splendid work; homes and other public and semi-public institutions are well served by young women who choose this particular branch of the work; visiting nurses' organizations are busy in the larger centres; many schools have their nursing staffs; doctors and dentists employ nurses in their offices. Even the foreign mission field claims its share and during the past year, one of our own graduates fell a martyr in that worthy cause. Few people realize what a mental load is carried by the nurse: the lonely vigils of night duty, the discouraging cases that do not respond, the disappointments when your best efforts fail or are not appreciated, the striving to please the over-exacting patient. You will never

receive your reward for this in cash. No amount of money could pay for such service, and it would be absolutely unendurable if you could not retain your interest in your work and your love for it. The way to do this is to remain students. Keep up your reading: read a good journal devoted to the work and progress of your profession, and when you see an article which interests you, clip it out and file it away for future reference. It may prove valuable in some future case, if kept where you can easily find it."

"Get away if you can for even a few weeks of post-graduate study in some special branch of the work. Attend the nurses' conventions. Medical men have their monthly meeting for the exchange of ideas. In as far as I know, the nurses' convention is the only medium of this nature that nurses possess. So, attend these conventions and take an active part if asked to do so. They are becoming international in scope and their influence will be felt more and more in the future."

"In other words, keep up with the times. There is no reason in the world why, in ten years from now, you should not be just as conversant with the progress of nursing science as the graduates of that day, and, in addition, you will have ten years of valuable experience."

"The world will seek out those who have something better to sell, whether it be merchandise, talent or service. If you can demonstrate efficiency of a high order, you will not lack employment, even under present conditions."

Our guest speaker, Doctor T. C. Routley, LL.D., F.R.C.P., General Secretary of the Canadian and Ontario Medical Society, enlarged upon the advice given by Dr. Downes and Dr. Playfair. Referring to Florence Nightingale, he said, that without detracting from the glory of the "Lady of the Lamp", he thought that nurses

since her day had lived heroically and made just as great contributions to the nursing profession and the betterment of home life, as had that famous little lady.

Using the metaphor "a cup of water", he told the nurses that the cup of water given the patient might be a symbol of their profession, pure, wholesome, suitable.

Concluding, Doctor Routley told the nurses that to be successful, they must have confidence, courage and caution.

The prizes were then presented.

The prize for General Proficiency given by Dr. L. L. Playfair won by Miss Violet Bassindale.

The prize for Highest Standing in Theory given by Dr. John Parry won by Miss Ruth Dooley.

The prize for Preventive Medicine given by Dr. A. C. Martin won by Sister Mary Grace.

The prize for Surgical Nursing given by Dr. F. Woodhall won by Miss Helen Zettel.

The prize for Medical Nursing given by Dr. W. P. Downes won by Miss Vera Selkirk.

The prize for Gynecological Nursing given by Dr. Wm. Jamieson won by Miss Betty Welsman.

The prize for Obstetrical Nursing given by Dr. L. Richmond won by Miss Orpha Harvey.

At the conclusion of the programme, the graduates received their guests and relatives on the lawn.

The intermediate class entertained in honor of the members of the graduating class in the evening. The guests were received by Miss Florence M. Roach and Miss Helen Webster. Corsage bouquets of orchids and lilies of the valley, gifts of the intermediate class, were worn by the hostesses.

This brought to a close our very happy Graduation Day, which will live in our memories, "the treasure house of the mind".

**NURSES RECEIVE THEIR DIPLOMAS**

Ceremonies of Graduation Feature At St. Joseph's Hospital To-day—Chairman of Staff Delivers Address

The twentieth annual graduating exercises of St. Joseph's hospital school of nursing held at Undermount this afternoon, were largely attended, when 32 young women received their diplomas and awards. Many flowers made an effective background for the graduating class in their fresh white uniforms. Parents and friends of the graduates, members of the medical and nursing profession of the three city hospitals, and representatives of the clergy were present in large numbers to offer their congratulations. Dr. W. P. Downes, B.A., C.M., chairman of the staff, presented the presentation of pins and diplomas was made by the Very Rev. Father Beninger, C.R., provincial of the Resurrectionists. Addresses to the graduating class were given by Rev. J. F. Hinchey, pastor of St. Mary's church; Dr. L. L. Playfair, F.R.C.S. (Edinburgh), and Dr. T. C. Routley, LL.D., F.R.C.P., general secretary of the Canadian and Ontario Medical Society.

**Address to Class**  
Dr. L. L. Playfair brought the congratulations of the hospital staff and sisters to the graduates on having completed their training. He took the opportunity to speak on nursing education at the present time, for the problem was a serious one, he said. Whatever was true in past years, it was now not just a matter of bedside training and manual skill. Academic and scientific training were added to each year. This branch of education was restricted by the resources and needs of the hospital in which the training school was located, and it was a question, how much theory could be added to the nurse's training while the nurse continued to do her present share of the practical work in the wards. "In our own hospital," he said, "and in many others, there are fully qualified and full-time teachers, and every effort is made to present the work in the best possible manner. But can it be absorbed by the nurse on twelve-hour duty, with a limited time for study and recreation? I venture to prophesy, in the future nurses will receive scientific training in a school or college organized for that purpose, where only academic work will be given for the first year or two, and she will get practical bedside training in an affiliated hospital, as the medical students do now."

Dr. Downes, in extending congratulations to the members of the graduating class, stated that it was their good fortune to receive their training in such an establishment as St. Joseph's. Since the establishment of the training school in 1911, with an attendance of nine pupils and a staff of two teachers, the school had progressed until today it had an attendance of ninety pupils and a staff of twenty-five teachers. The aim of the institution had been to develop by sound methods, the knowledge instilled by honour, so as to think well, skill, so as to work well, and character, by good, sound moral training, so as to live well. Since the introduction of the registration examinations for nurses in 1926, a province-wide qualifying examination, 80 to 100 per cent. of St. Joseph's students had been successful, usually 100 per cent.

"In all parts of the world the graduates are doing splendid work," he said. "Last year during the earthquake at Long Beach, Cal., one of your members was mentioned in despatches for her heroic conduct. Two of you nurses made the supreme sacrifice while in the discharge of their duties—Miss Mildred Souter in India working in the foreign mission fields, and Miss Dorothy Lande of this city."

Dr. Downes said: "I urge you to continue your education. Remember, it is a continuing process and should go on to the end of life."  
On behalf of the medical staff Dr. Downes thanked the staff superior, Mother Martina, for her co-operation, and complimented her on the efficiency of her hospital management during these difficult times.

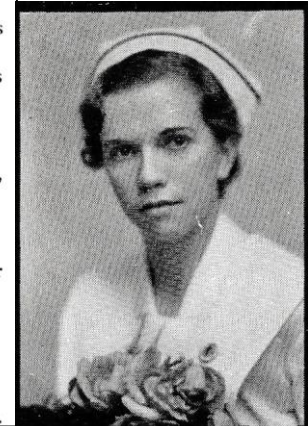
**Students**  
Members of the graduating class are: Sister Mary Grace, Misses Ann L. Habkirk, Elizabeth Welmsa, Margaret Moore, Dorothy Cobb, of Hamilton; Ruth Hewson, Toronto; Dorothy Craig, Burlington; Marquette Goetz, Guelph; Ruth Dooley, Hamilton; Rose Conway Stratford; Mary McGillicuddy Kenilworth; Violet Bassindale, Natick; Marjorie Broker, Lillian Chamberlain, Jeanne Costie, Madam Dean, all of Hamilton; Jean Duward, Galt; Doris Easterbrook Hamilton; Helen Foley, St. Catharines; Irene Hannah, Hamilton;

Orpha Harvey, Vandura, Sask; Gertrude Mackay, Devesanna Muirhead, Sophia Minden, Patricia Muldoon, Mary Nunziato, all of Hamilton; Eudene Pearce, Mitchell; All Schweyer, Eagersville; Clela Scott Dundas; Vera Selkirk, Hamilton; Agnes Smith, Hamilton, and Helen Zettel, Hildmay.

**Prophecies for 1944**

This is the story of the class of '34  
When time rolls around and it's now '44.  
There'll be Foley and Joe who are now one,  
Leaving St. Catharines in search of more fun.  
Hewson has specialized in X-Ray, we hear,  
And Cobb has married Archie, and Wellsman, Jackie dear.  
We see Habkirk in charge of a psychiatric ward,  
Craig on private duty and still looking bored.  
Broker and Hannah are our stars on the screen  
And work in Hollywood for all of their scenes.  
Then up in the north with dog, sled and all  
Dooley answers outpost emergency calls.  
In a long O.R. gown with gloves, mask and cap,  
Minden scrubs for anything on a surgical map.  
Schweyer has a training school all of her own  
And gives the poor nurses even week-ends at home.  
Our sedate Orpha Harvey is out in the West  
Having for patients Julius Caesar, Great Scott and the rest.  
Gilly is married and lives out of town  
And she grows acres of onions where no one may frown.  
Scott and Selkirk are nurses on board ship

And have been round the world on many a trip.  
Mary Dean married wealth and lives a life of ease;  
She buys pretty clothes and has charity teas.  
Bassindale, Moore and Conway work for the V.O.N.  
And think maternity cases never will end.  
Good old Pearce is in the tropics we are told  
Teaching natives to do dressings and how bandages are rolled.  
Costie lives in Toronto married to—Will you guess who?  
And they sing "Rio Rita" and no one says boo.  
Goetz married Bill of the Guelph Police Force,  
And her children are full of fun like their mother, of course.  
Nunziato teaches violin and her fees are very dear,  
She has for a pupil Doris Easterbrook we hear.  
Our little Helen Zettle on the world has turned her back,  
For she now wears a habit that is white and black.  
Sister M. Grace is in China, so far, far away,  
Training Chinese girls to be nurses they say.  
Muldoon is in charge of a new convalescent home  
Over which you will rave if you have a chance to roam.



Written by Lillian Chamberlain '34

Graduation exercises were held in the Undermount Nurses Residence. There were 32 graduates in the class of 1934.

Parents and friends of the graduates, members of the medical and nursing profession of the three city hospitals, and representative of the clergy were present in large numbers to offer their congratulations. Guests and relatives of the graduates assembled in the lecture room of Undermount senior nurses residence, prior to the graduates entry in their snowy white uniforms and carrying arm bouquet of American beauty roses. The window ledges and the platform held scores of baskets filled with flowers.

Dr. L. L. Playfair brought congratulation to the graduates. He took the opportunity to speak on nursing education at the time. Whatever was true in past years, was now not just a matter of bedside nursing and manual skill. Academic and scientific training were added to each year. This branch of education was restricted by the resources and needs of the hospital in which the training school was located and it was a question how much theory could be added to the nurse's training while the nurse continued to do her present share of the practical work in the wards

"In our own hospital " he said, "and in many others there are fully qualified and full-time teachers and every effort is made to present the work in the best possible manner. But can it be absorbed by the nurses on twelve-hour duty with a limited time for study and recreation?" I venture to prophesy in the future, nurses will receive scientific training in a school or college organized for that purpose where only academic work will be given for the first year or two and she will get practical bedside training in an affiliated hospital, as the medical students do now"

Photo shows 31 grads / Record book identifies 33 graduates / Newspaper article quotes 32 grads

**FEBRUARY CLASS 1934**

- Dorothy Cobb
- Dorothy Craig
- Ruth Dooley
- Patricia Goetz
- Anna Hannah
- Frances Hewson
- Anne Hobkirk
- Helen Moore
- Mary McGillicudy
- Betty Weisman
- Helen Zettle

**SEPTEMBER CLASS 1934**

- Violet Bassindale
- Marjorie Broker
- Lillian Chamberlain
- Jean Costie
- Mary Dean
- Jean Durward
- Doris Easterbrook
- Foley Helen
- Orpha Harvey
- Gertrude Mackay
- Sophia Minden
- Deveanna Muirhead
- Patricia Muldoon
- Mary Nunziato
- Eudene Pearce
- Alice Schweyer
- Clela Scott
- Vera Selkirk
- Agnes Smith
- Sister Mary Grace Stevens

# Local Hospital Staff 1934 Praised for Advances

Knowledge, Character and Skill Three Essentials of Profession, 32 Graduates at St. Joseph's Are Told by Dr. W. P. Downes at Exercises

Distilling with the knowledge that St. Joseph's hospital now has the most highly trained staff such institutions in Canada, the 32 members of the '34 class were cautioned yesterday by Dr. W. P. Downes, Toronto, general secretary, Canadian and Ontario Medical societies, that they had added to the responsibility of each nurse. Dr. Downes advised that the graduates should be able to speak fluently, that their knowledge should be based on the latest progress through the first years of their association with all Canadian hospitals.

Grants and relatives of the graduates assembled in the lecture room at "Underwood" during the exercises, prior to the graduates' entry in their snowy white uniforms and carrying armfuls of American beauty roses. The window ledges and the platform held scores of bouquets filled with flowers—all prescient bouquets.

Hospital nurse of the Excellence, Dr. Roy J. C. McNally, Bishop of Hamilton, was given by Dr. W. P. Downes, B.A., M.D.C.M., chairman of the staff, who told of definite improvement in his hospital's service condition yesterday.

Father Hinshelwood urged that a better example for nurses to follow was to be found than the low was to be found than the given by the medical profession. All commendations was most just due, but all service must be with the thought of what could be given.

Scope Widening  
Dr. Playfair pointed out that the field of nursing was ever widening in its scope—health, dental assistants, medical assistants, forensic medicine, city services and so on. This, he felt, was the answer to the question, "What happens to these nurses?"

"I propose that some of the practical work of the training period will be omitted," said Dr. Playfair. "Scientific training eventually would be required in general school or college. Such department might be added to universities, and academic work only would form the first year training."

"A young lady at high school now decides to be a nurse for downy domestic reasons, running from trouble at home to life in that profession and it would be good for her. The other method must be subjects would be definitely chosen and theory, of which a nurse cannot have too much, would not be stuffed into a tired brain after busy day at practical duty."

**Tells of Advances**  
As chairman of the graduation programme Dr. Downes offered commendation to the graduates. He spoke of the outstanding ability of Mother Martin, an excellent in her efficient management of the hospital. Dr. Downes pointed out the advance made since 1911, when there were nine pupils and a staff of two. Now there were nine pupils and a staff of twenty-five. In all B.M. examination 88 per cent. is 104 per cent. of the graduates were successful. A period not equalled elsewhere in Ontario.

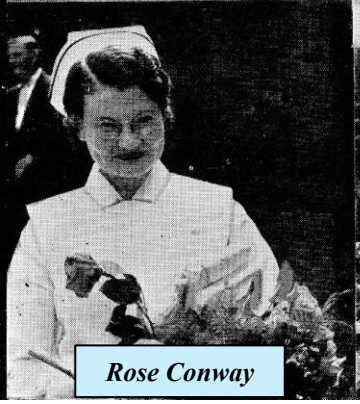
The chairman urged that knowledge, character and skill be the three essentials for character development which each nurse would try to develop. He said that the graduates should be able to stand by her patient during the terrible ordeals in Los Angeles, and the nurses who had paid the extreme sacrifice in discharge of duty—the Mildred Soster and the Dorothy Landers.

**Presented Diplomas**  
Rev. Father Betge, C.R., superior of the hospital, presented the diploma and pins in the absence of Bishop McNally. Rev. Father J. E. Hinshelwood, director of Catholic charities for this city, and Dr. L. L. Playfair, M.D., C.M., F.R.C.S. (Edin.), spoke to the

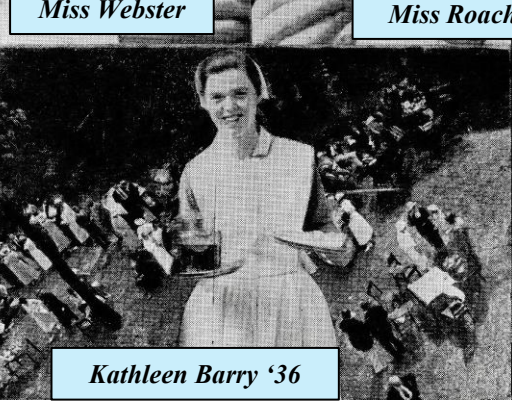


Mary McGillicuddy

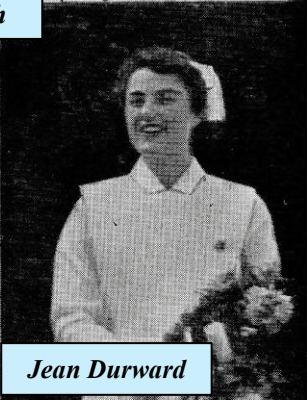
Doris Corey '37  
Marie O'Hagen '37



Rose Conway



Kathleen Barry '36



Jean Durward

## Don't Worry!

Some people think that nurses  
Fall in love each day  
They come to count a sick man's pulse,  
Or take his dinner tray.

They think the tender passion,  
Seductive as perfume,  
Surrounds a worried patient,  
On the cleaning of his room.

There is nothing much alluring  
About a stricken male,  
Who has a growth of stubble  
Upon a cheek that's pale.

Nor does fair romance linger  
In a head of tossed hair;  
On a man without a collar  
Who is cranky as a bear.

So cheer up wives and sweethearts  
Because it is not true  
That artful vampires in white caps  
Will ever steal from you.

To tell the truth—before a week,  
That poor nurse is a wreck;  
Her love for your man is just this  
The love to —wring his neck.

A Nurse.

The prize for General Proficiency given by Dr. L. L. Playfair won by Miss Violet Bassindale.

The prize for Highest Standing in Theory given by Dr. John Parry won by Miss Ruth Dooley.

The prize for Preventive Medicine given by Dr. A. C. Martin won by Sister Mary Grace.

The prize for Surgical Nursing given by Dr. F. Woodhall won by Miss Helen Zettel.

The prize for Medical Nursing given by Dr. W. P. Downes won by Miss Vera Selkirk.

The prize for Gynecological Nursing given by Dr. Wm. Jamieson won by Miss Betty Welsman.

The prize for Obstetrical Nursing given by Dr. L. Richmond won by Miss Orpha Harvey.

- |                                      |                   |
|--------------------------------------|-------------------|
| Prize for General Proficiency        | Violet Bassindale |
| Prize for Highest Standing in Theory | Ruth Dooley       |
| Prize for Preventive Medicine        | Sister Mary Grace |
| Prize for Surgical Nursing           | Helen Zettel      |
| Prize for Medical Nursing            | Vera Selkirk      |
| Prize for Gynecological Nursing      | Betty Welsman     |
| Prize for Obstetrical Nursing        | Orpha Harvey      |



**GRADUATION DAY June 6, 1934**

Miss Florence Greenaway, associate director of the School of Nursing, McMaster University, is in Kingston attending the five day institute for directors of nursing which ends today. The institute, being held at Queen's University on "The Give and Take in Nursing Service" is co-sponsored by the Ontario Medical Association, the Ontario Hospital Services Commission and the Registered Nurses Association of Ontario. Miss Greenaway is a member of the planning committee of the UNAO which planned the conference. Sister Virginia, director of the School of Nursing, St. Joseph's Hospital, is also attending.

*Hamilton Spectator, Friday May 8, 1959*

**Sister Virginia Hanlon '45 was attending the 5 day conference for Directors of Nursing being held at Queen's University in Kingston.**

**"The Give and Take in Nursing Service" is co-sponsored by the Ontario Medical Association, The Ontario Hospital Services Commission and The Registered Nurses Association of Ontario.**



*Hamilton Spectator Friday May 8, 1959*

**4 members of the class of 1934 attending the Alumnae Dinner for the graduating class of 1959. Helen Foley Yetman, Agnes Muir Smith, Ruth Henson Hazlett and Irene Hannah Colette, members of the class of 1934, each received their honorary membership status for 25 years as a member of the St. Joseph's School of Nursing Alumnae Association.**

*Dr. W. P. Downes, chairman of the staff, presided. "In all parts of the world, graduates are doing splendid work" he said. "Last year during the earthquake at Long Beach California one of your members was mentioned in despatches for her heroic conduct. Two of your nurses made the supreme sacrifice while in the discharge of their duties – Mildred Souter '28 in India working in the foreign missionary fields and Dorothy Landers '31 of this city."*

*Dr Downes said "I urge you to continue your education. Remember it is a continuous process and should go on to the end of life. He commented that since the introduction of registration examinations for nurses in 1926, 90 to 100 percent of St. Joseph's students had been successful, usually 100 percent.*

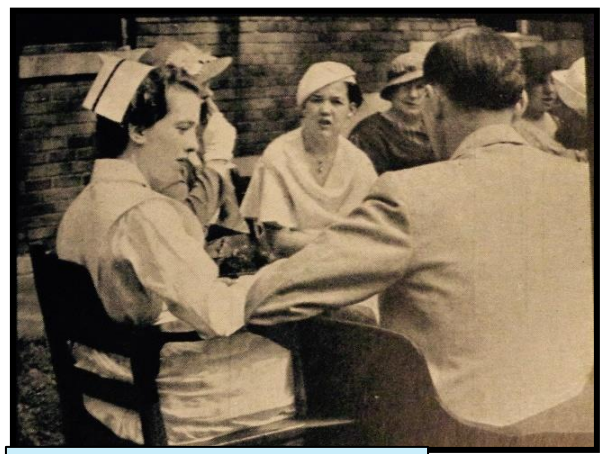
*The terrace garden of Undermount held an afternoon tea following the graduation ceremonies. Individual tables were set beneath shady trees on the three terraces. The intermediate class entertained at a very enjoyable evening in honour of the class of 1934. Guests were received at the entrance by Florence Roach and Helen Webster (instructresses)*



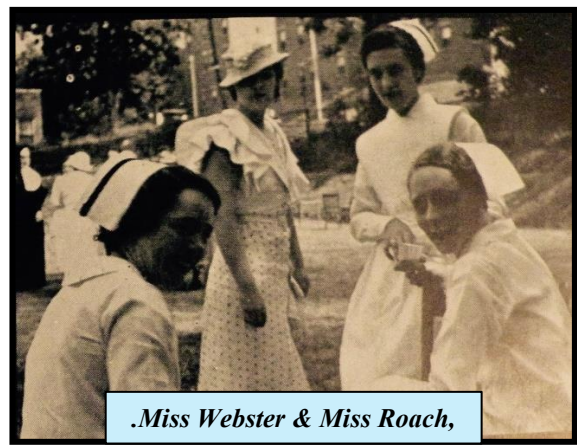
*Dr Bowman*



*Marguerite Goetz with her brother.*



*.Patricia Muldoon & her family*



*.Miss Webster & Miss Roach,*



*Miss Anne Boyd (Public Health)  
Mrs Lennard Davis.*



## Temper

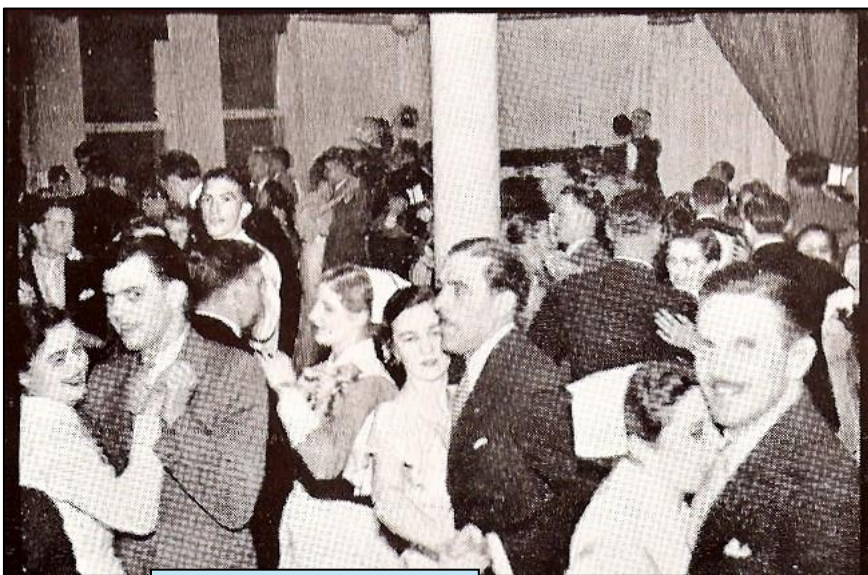
When I have lost my temper I have lost my reason, too,  
I'm never proud of anything which angrily I do;  
When I have talked in anger and my cheeks were flaming red  
I have always uttered something which I wish I hadn't said.  
In anger I have never done a kindly deed or wise  
But many things for which I felt I should apologize,  
In looking back across my life and all I've done or made  
I can't recall a single time when fury ever paid.  
So I struggle to be patient, for I've reached a wiser age,  
I do not want to do a thing or speak a word in rage;  
I have learned by sad experience that when my temper flies  
I never do a worthy deed, a decent deed or wise.



Life is a mirror for king or slave,  
'Tis just what you are and do.  
Then give to the world the best you have,  
And the best will come back to you.



1934 Graduation Dance



1934 Graduation Dance

#### IN HONOUR OF GRADUATES

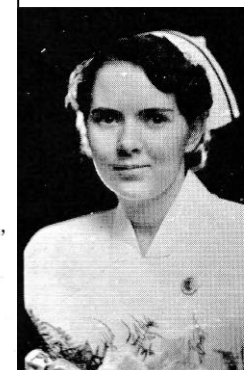
Undermount, St. Joseph's Hospital, was the scene of a very enjoyable party on Wednesday evening, when the intermediate class entertained in honour of the 1934 graduates. The guests were received at the entrance to the reception room by Miss Florence M. Roach, gowned in scarlet plaid organdie, and Miss Helen C. Webster, in ivory taffeta, with blue accessories. Corsage bouquets of orchids and lilies of the valley, gifts of the intermediate class, were worn by the hostesses. The prizes for the novelty dances were received by Miss Lillian Chamberlain, Mr. Herbert Thwaite, Miss Patricia Sullivan and Dr. Fred Bowman. Among the guests were: Dr. and Mrs. L. L. Playfair, Dr. and Mrs. C. H. Playfair, Dr. and Mrs. Clendennin, Dr. and Mrs. McDonald, Dr. and Mrs. Finlayson, Dr. and Mrs. Trebilcock, Dr. W. P. Downes and Miss M. Leach, Dr. T. H. Nash, Miss Mortimer, Dr. A. Hollinrake, Miss Louise Keenan, Miss Patricia Sullivan, Mr. Herbert Sullivan, Dr. F. B. Bowman, Dr. G. Stull, Dr. R. Appleford, Mr. and Mrs. Leonard Davis, Mr. Reginald Williams, Mr. and Mrs. E. J. Reid, Miss Loyola Dooley and Mr. Dooley (Guelph), Mr. and Mrs. George Foley and Mr. and Mrs. O. Haines (St. Catharines), Mr. E. Radigan (Guelph), Mr. E. Goetz (Guelph).

#### CAN YOU IMAGINE?

*Dr. Sullivan - forgetting to whistle or dance*  
*Dr. Downes - anyone being bored at his lectures*  
*Dr. Parry - operating without his brown shoes*  
*Dr. Weaver - not saying Thank you Nurse*  
*Dr. Sutherland not interested in golf*  
*Dr. Jamieson - losing his temper*  
*Dr. Woodhall - failing to whistle "If I could spend one hour with you"*  
*Dr Murray - out of work*  
*Dr. A. C. Martin - being late for lectures*  
*Dr. L. L. Playfair - being annoyed*  
*Dr. Nancekivell - not a mountaineer*  
*Dr. Bowman - forgetting the dosage of insulin*  
*Dr. Livingstone - looking for fish worms*  
*Dr. Fraser - missing the 4<sup>th</sup> or 5<sup>th</sup> lumbar vertebrae*  
*Dr. Newell - without a new story*  
*Dr. McGhie - coming up to see us some time*  
*Dr. Page - turning over a new leaf*  
*Dr. Lapp - not being professional*  
*Dr. Lunz - being late*

## Report at Seven

Good night girls! I only hope to say  
 The patients will be better to-night  
 Than they have been all day.  
 Now there's Mrs. Slack—  
 Give her heat to her stiff back;  
 Mrs. Moore needs a blanket or two  
 She's been complaining of cold the whole day through;  
 Mrs. Smith, who needs a tablet for sleep,  
 She's always awake because the doors persist to creak;  
 And Mrs. Stewart needs a bottle to her feet,  
 You know her saying—"If I don't have it I just can't sleep."  
 And now nurses, last but not least,  
 Mrs. Wilton must have her lunch to eat.  
 Rub their backs well; tuck them in tight,  
 Turn out the lights and say "Good-night".  
 And now the day is over and we depart,  
 With true love for you and everyone  
 In our heart.



Written by Vera Selkirk

# The Class of 1934

To our beloved Alma Mater, situated in the shadows of the "Ambitious City's" picturesque mount, we, the class of '34, leave the record of the happy crowded days, down the vista of which we looked with such awe, three short, short years ago. To our successors in the School, we leave our best wishes, our memories of happy times—our tears and heartaches too—and our hopes that the united, zealous efforts we have put forth in this, our first year-book, will lead the way for the recording of future class memories.

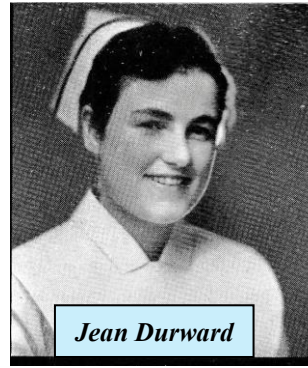
In the year 1931 our course began. Now as we stand on the threshold with our ambition realized, let us glance back over the three years just past, crowded with memories of successes and failures, strenuous toil, gray days, and sunny days,—all of which tended to mould our characters, broaden our views, and in short, make us ideal nurses. To most of us, it seems but a moment since we came to take up our abode within Undermount's kindly sheltering walls. What a joy set before us and what joy each day's additional knowledge acquired gave us! Books, lectures and examinations piled up as each new term began, "and still the wonder grew that one small head could carry" the illimitable knowledge required for a graduate nurse.

Now in the light of Graduation Day, the picture of the past has been shaded and softened, until the "big things" become diminutive, and those that seemed insignificant stand out in bold relief, showing their true value.

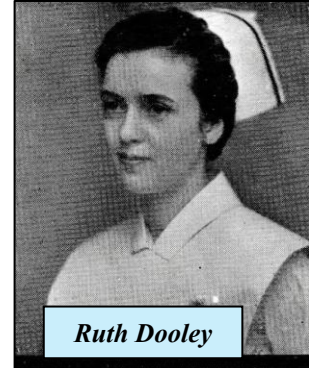
But enough for the past; we cannot stand here. We must press forward. How alluring is the future for us! Would that we might peep behind the veil and see what it holds in store. Now we commence to make practical use of the lessons learned in our training. We step forward, holding before us, the high ideals, and principles of our dear Alma Mater, spreading sunshine, cheer and soothing balm among diseased and suffering mankind, remembering the words of the Divine Physician:—

"Whatsoever thou hast done to these, the least of My Brethren, thou hast done unto Me."

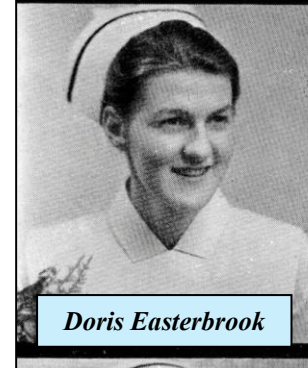
*Written by Mary Nunziato  
Yearbook Editor*



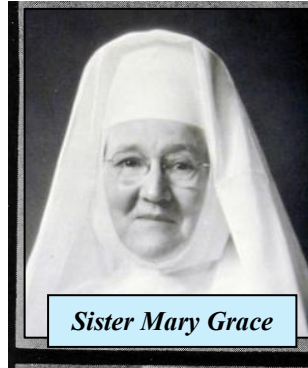
*Jean Durward*



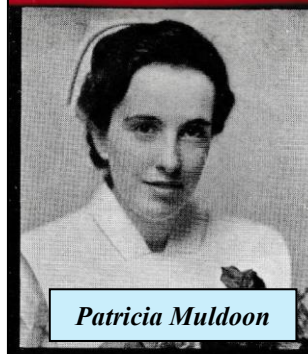
*Ruth Dooley*



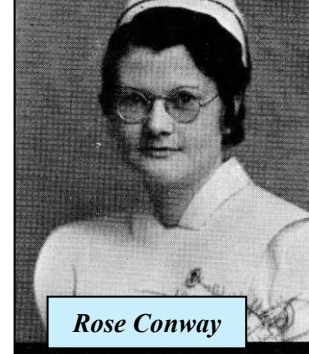
*Doris Easterbrook*



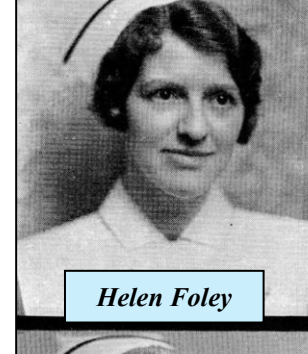
*Sister Mary Grace*



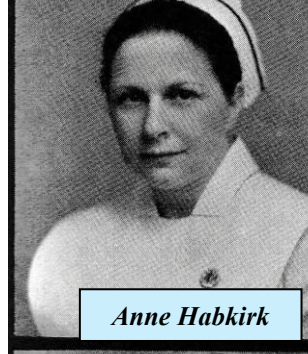
*Patricia Muldoon*



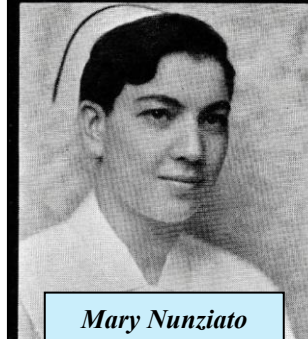
*Rose Conway*



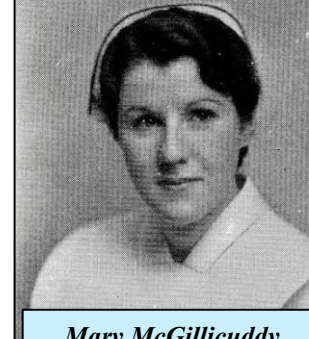
*Helen Foley*



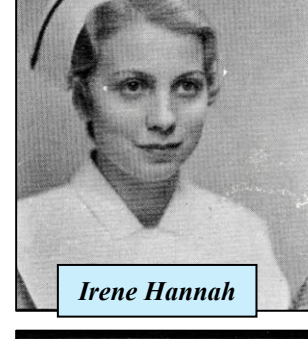
*Anne Habkirk*



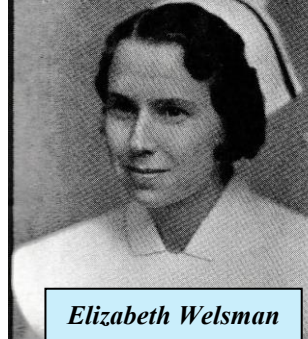
*Mary Nunziato*



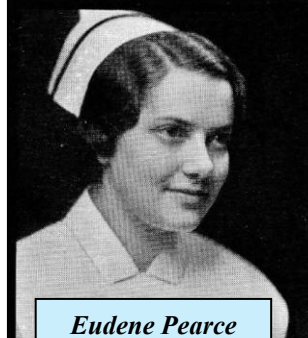
*Mary McGillicuddy*



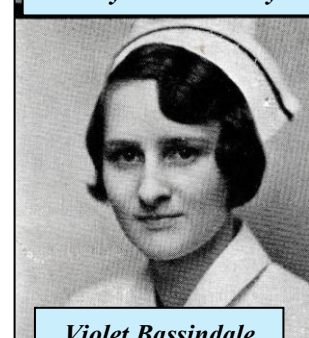
*Irene Hannah*



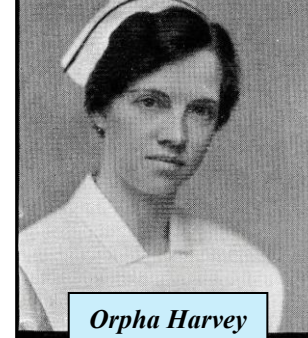
*Elizabeth Welsman*



*Eudene Pearce*



*Violet Bassindale*



*Orpha Harvey*



*Margaret Moore*



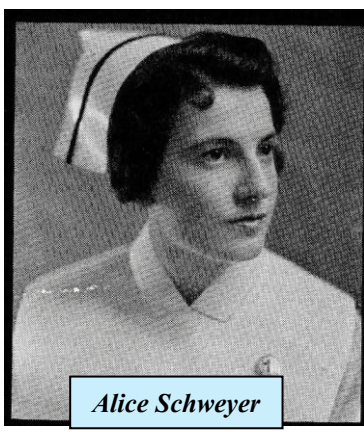
*Ruth Hewson*



*Dorothy Craig*



*Marguerite Goetz*



*Alice Schweyer*



*Lillian Chamberlain*



*Jeanne Costie*



*Mary Dean*



*Dorothy Cobb*



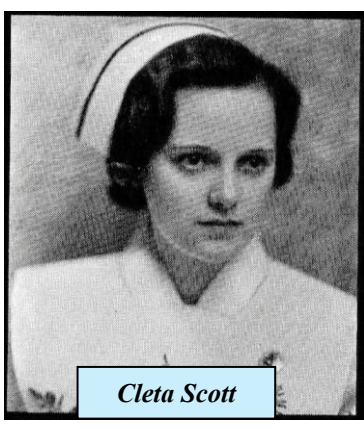
*Gertrude MacKay*



*Deveania Muirhead*



*Sophia Minden*



*Clea Scott*



*Vera Selkirk*



*Agnes Smith*



*Helen Zettel*



*Marjorie Broker*

## The End of a Nurse's Day

Seven o'clock! And the nurse's work  
Was done for another day!  
She heaved a sort of tired sigh  
And put the charts away.

Then sat for a moment and bowed her head  
Over the little white desk—  
"I wonder," said she to herself, "after all,  
Am I really doing my best?"

"Perhaps I could have begun the day  
With a brighter, cheerier smile,  
And answered the bells with—"Right away"  
Instead of 'After a while'."

"And I might have listened with sweeter grace  
To the story of Six's woes;  
She may be suffering more, perhaps,  
More than anyone knows."

"And I might have refrained from the half-way frown,  
Although I was busy then,  
When the frail little girl, with sad blue eyes,  
Kept ringing again and again."

"And I might have spoken a kindlier word,  
To the heart of that restless boy,  
And stopped a moment to help him find  
The missing part of his toy."

"Or perhaps the patient in Eighteen A,  
Just needed a gentler touch;  
There are a lot of things I might have done  
And it wouldn't have taken much."

She sighed again and brushed a tear,  
Then whispered,—praying low,  
"My God, how can You accept this day,  
When it has been lacking so?"

And God looked down—He heard the sigh.  
He saw that shining tear;  
Then sent His Angel Messenger,  
To whisper in her ear, . . .

"You could have done better to-day,  
But, oh! the Omnipotent One,  
Seeing your faults, does not forget,  
The beautiful things you have done."

"He knows, little nurse, that you love your work  
In this house of pain and sorrow,  
So gladly forgives the lack of to-day,  
For you will do better to-morrow."

The nurse looked up with a grateful smile,  
"To-morrow I'll make it right;"  
Then added a note in the order book,  
"Be good to them to-night."

Do all the good you can,  
By all the means you can,  
In all the ways you can,  
At all the times you can,  
To all the people you can,  
As long as ever you can.

# Our Sodality

*"O Mary we crown thee with blossoms to-day,  
Queen of the Angels, Queen of the May."*

WHAT stirring memories the above words of our much-loved May hymn arouse in the heart of every graduate, who is in a special manner consecrated to Mary!

Long and busy as are the hours of a nurse-in-training, ample time is afforded us for the direction and furtherance of our spiritual welfare. In the first place, we have ever before us, the high ideals of life and duty, and the example of heroic self-sacrifice of the good "Sisters of St. Joseph" who have taught, directed, counselled and reprovved when necessary, thus assisting the development of our minds and characters along the lines of Christian conduct.

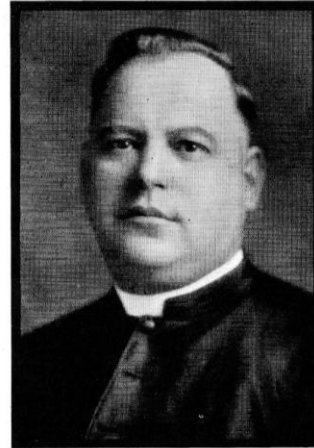
The Sodality of the Blessed Virgin Mary is, for all the children of Mary, a source of inspiration and grace. Blessings we need, no matter what our vocation, but in the nursing profession especially, is the maternal care and guidance of our heavenly Mother indispensable.

The most solemn event in our Sodalists' year was the occasion of the crowning of Mary, Queen of May. In the quiet of the evening the entire student body assembled in uniform at the nurses' residence, whence a procession, headed by our Lady's banner, wended its way down Mountain Boulevard, approached the hospital and passed through the main corridor. With our hearts pouring forth hymns of praise and veneration, we entered the chapel, where the statue of the May Queen, in a veritable bower of nature's sweetest blossoms, awaited the bejewelled crown entwined with the rarest buds. Then followed the



beautiful ceremony of reception into the Sodality, with its solemn promises of fidelity, and the bestowal of the Sodality medals upon the newly-made members. This is an impressive ceremony for the older members, as for the new, for the memory of their own reception is recalled as they place themselves anew under Mary's protection.

After this beautiful ceremony Benediction of the Blessed Sacrament was given, and we returned to "Undermount".



REV. FATHER BENINGER

The members of the Sodality also attend the monthly Holy Hour held in honour of the Sacred Heart. We greatly appreciate this privilege, and gratefully bow our heads to receive His blessing at Benediction.

Our gratitude is also due to our zealous chaplain, who so generously devotes every Friday evening, giving instructive lectures on the truths of religion, relative to our profession. How often after we have left the cradle of our nursing career, will not these points come back to our minds, bearing then the fullest fruit.

It is with mingled feelings of joy and regret that we leave the training school, but we are assured that holy Mary, who has proven such a faithful mother during these three years, will continue her guidance over us, her devoted Sodalists. In the familiar words of Mary's hymn we ask this blessing of her throughout the coming years:

*"O Virgin, most tender, our homage we render  
Thy love and protection, sweet Mother, to win.  
In danger defend us, in sorrow befriend us,  
And shield our hearts from contagion of sin."*

Honor was brought to our school during the past year when two of our young graduates, Miss Marie Barry and Miss Mariette Rosenblatt, chose religious life and entered The Community of The Sisters of St. Joseph.



## NURSES' CAPES

High quality Navy Blue Chevriot lined with Military Scarlet Flannel.

Even Sizes 34 to 44.  
38" Length

PRICE EACH **\$9.00**

Sales Tax Included.

Our Prices include all carrying charges direct to your Postal Address, anywhere in Canada, when Money Order accompanies your order. Simply give your bust and height measurements when ordering.

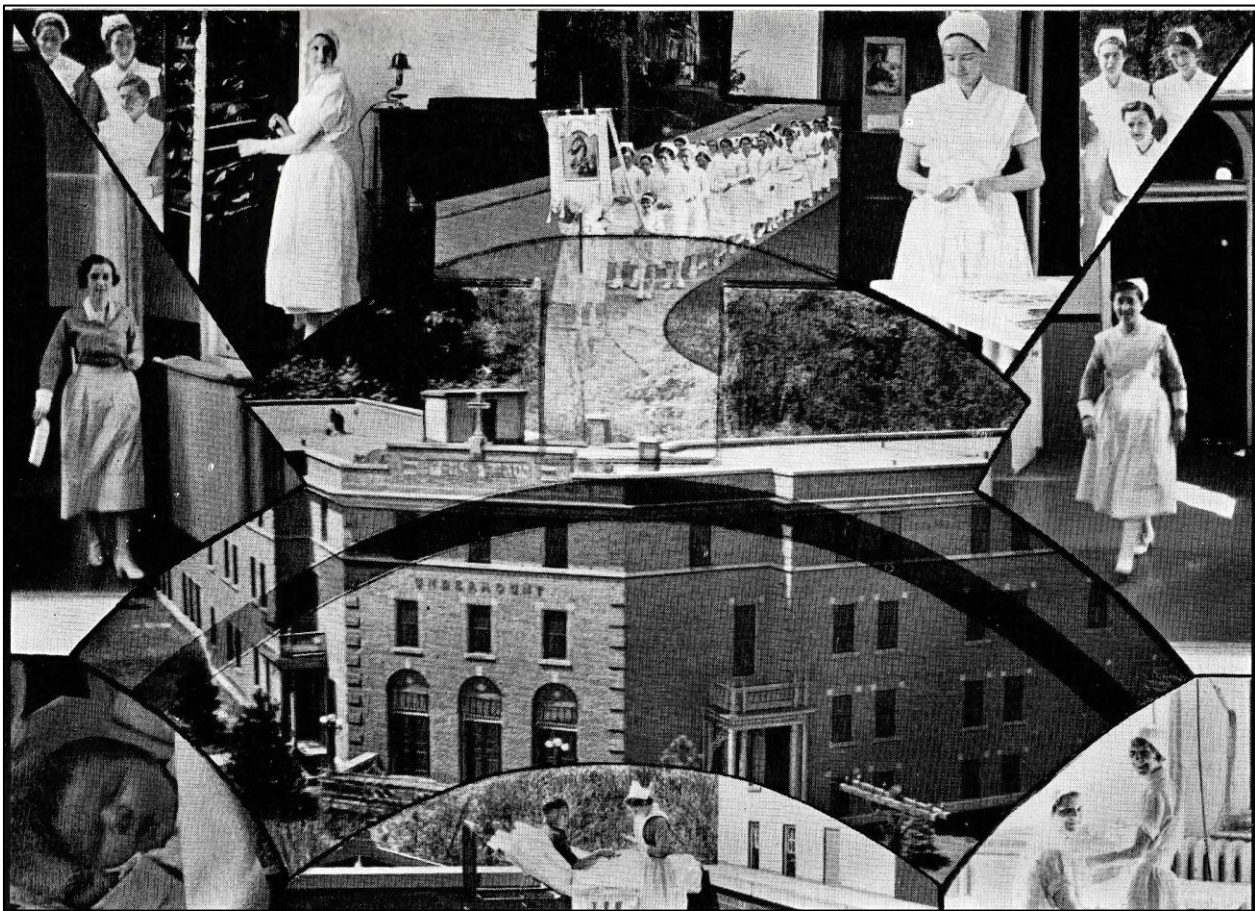
**CORBETT-COWLEY LIMITED**

Toronto  
690 King St. W.

Montreal  
637 Craig St. W.



Written by Helen Zettel



## Recompense

. . . A Nurse's Meditation

At times I'm oh! so weary of people's moans and tears,  
Of little children crying and their mother's many fears,  
Of wan and pinched white faces, lined brows and furrowed cheeks,  
The marks left there by suffering of days, or years, or weeks.

I'm tired of burns and broken limbs, infected eyes and hands,  
And fractured skulls and plaster casts and doctors' quick commands,  
Of operations large and small and anaesthetics too,  
And medicines and treatments—for all the good they do!

I'm tired of wounds and dressings, of gauze and tubes and pins,  
Absorbent cotton by the roll or sterilized in tins,  
The endless chain of baths and rubs, massage and sunlight rays,  
Of changing sheets and pillows, and carrying heavy trays;

I'm tired of making egg-nogs and creaming things on toast,  
To try and coax back appetites that sick folks may have lost,  
Of taking temperatures and pulse, and charting each detail,  
And doing it directly for fear my memory fail.

I'm tired of neurasthenics with imaginary ills,  
Their mania for cigarettes and craving for "more pills".  
Of alcoholic victims with their vile and evil words,  
Their ravings in delirium about wild beasts and birds.

And though I'm gladdened at the sound of each new baby's cry,  
I'm heartsick of the awfulness of seeing people die,  
Of struggling to keep back tears when I much prefer to weep,  
Of hours and hours on duty with no time to rest or sleep.

And yet for all its hardships, the care and strain on nerve,  
There's so much satisfaction in knowing I can serve  
These poor unfortunate sufferers, tortured by ill-health,  
In all the different walks of life, from poverty to wealth,

That I'm sure if I were offered a chance to choose once more,  
Between this life and others I'd choose just as before.  
For I know that every deed done, in His Holy Name,  
Is written by an Angel in the Heavenly Book of Fame.

## Playmates of Yesterday

Oh, where are the playmates of yesterday,  
The fellows we knew in school?

Oh, what has become of the studious one,  
And where, oh where, is the fool?

Oh, what has become of the orator,  
Whose passion was to recite?

And the bashful kid who could speak no piece  
Unless he succumbed to fright?

Oh, what has become of the model boy,  
Who was always the teacher's pet?

And where, or where, is the tough young nut,  
The one who can never forget.

The studious one, so we have been told,  
Is driving a hack these days;  
While the fool owns stock in a bank or two,  
And a railroad that always pays.

The orator that we knew so well  
Is a clerk in a dry goods store;  
While the bashful kid we knew has been  
In Congress ten years or more.

The model boy is behind the bars,  
For stealing a neighbour's cow.

And you ask, what of the tough young nut?  
Oh, he's a preacher now.

# History of the Hospital

1890

IN the year eighteen hundred and ninety, after urgent requests and appeals of medical men and citizens of the City of Hamilton, and realizing the long felt need of a hospital in the southwest end of the city, the Sisters of St. Joseph's Community decided to establish a hospital here. The problem of location was readily solved by the usual kind generosity of our late Bishop Dowling, who placed his newly acquired home on John Street South, the former residence of the Honorable John Young, at their disposal, one of the most ideal hospital sites on the continent.

On the eleventh of June, eighteen hundred and ninety, Saint Joseph's Hospital, with a capacity of twenty-five beds, was formally opened and operated under the capable direction of Mother Philip, assisted by Sisters Bride, Regina and Dymrna. All doctors of good standing were allowed to practice in the hospital and all patients, irrespective of race or creed, rich or poor, were accepted. In nineteen hundred and two, due to congestion, Saint Ann's wing was erected, increasing the capacity of the hospital to fifty beds.

DR. J. W. EDGAR  
DR. INGERSOL OLMSTEAD  
DR. THOMAS BERTRAM  
who have contributed much to the early life of St. Joseph's Hospital.

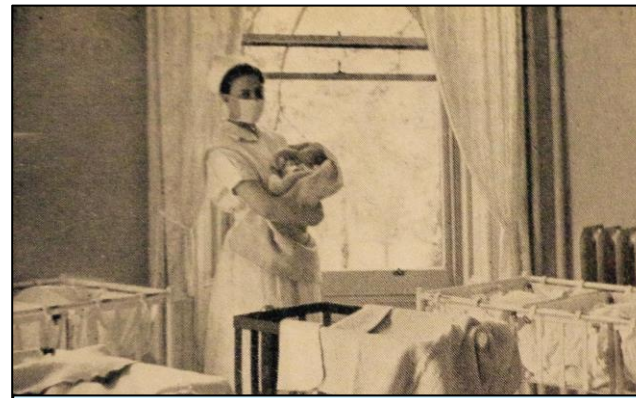
1902



1912 Dr. J.W. Edgar established X-Ray Dept.

1902 Dr. Ingersol Olmstead Paid for electric wiring & fixtures in the Operating Room

Dr. Thomas Bertrand



A nursery in St. Joseph's where the new arrivals are introduced to the luxuries of the world.

1911

In nineteen hundred and eleven the home of the late Adam Brown was acquired and used as a training school and nurses' residence. In nineteen hundred and fourteen the first class of nurses graduated.

1914

In the year nineteen hundred and twelve a department of obstetrics was added to the surgical

1912

and medical. A new seventy-five bed surgical wing was added four years later and to-day Saint Joseph's Hospital boasts of one of the best surgical services in Canada.

Growth continued and a modern Training School and Nurses' Residence was erected in nineteen hundred and twenty-two, costing one hundred and fifty thousand dollars.

1922



This glimpse of the children's ward shows that the kiddies can be happy here too.

Casa Maria, formerly the beautiful residence of Mr. Bisby, now accommodates twenty-six obstetrical cases, where our nurses obtain splendid training and practice.

1929

In nineteen hundred and twenty-nine a four storey, fireproof building was erected, providing a residence for part of the staff and employees.

In the building up of the young institution the Sisters were loyally supported by their good and faithful friends in the medical profession, in its early years by Doctors James White, Leslie,

McCabe and Rennie, and in later years by Doctors Ingersoll Olmsted, and Thomas Bertram and the late Doctors Cockburn and Balfe, and through the more recent years the late Doctor Mowbray.

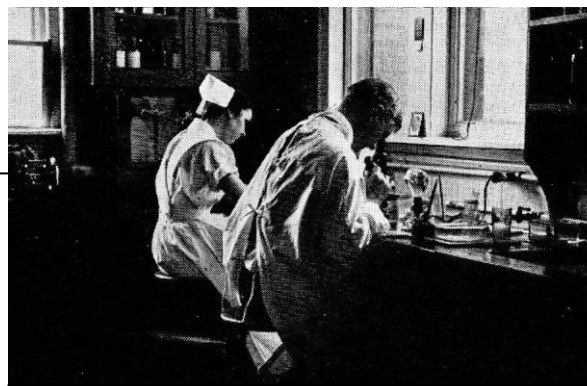
Through the generosity and efforts of Doctor James Edgar an up-to-date X-Ray Department was established under the supervision of L. R. Hess. Recently a department of physiotherapy has been added.

# History of the Hospital *Cont'd*



*Our pharmacy, where Mr. Reid concocts tempting tid bits for the patients to make them well.*

The first laboratory work was begun by Doctor A. D. Unsworth, who gave unsparingly of his time in instructing the Sisters in laboratory technique. Later this work was carried on successfully by Doctor F. B. Bowman. At present there is a fully equipped laboratory, doing excellent work, routine and research, under the direction of Doctor E. N. Ballantyne.



*Dr. E.H. Ballantyne in charge of the laboratory*

In nineteen hundred and twenty-three a medical staff was organized under the direction

of Doctor J. H. Sullivan, its first chairman. The hospital was recognized by the American College of Surgeons, and standardized in Grade A, according to their requirements.

**1923**  
*Medical Staff organized under the direction of Dr. J. H. Sullivan*

The history of the hospital would not be complete without mentioning the brilliant work of Sister Superiors, Antoinette, Leo, Martina, Helen, St. Basil and Dositheus. It requires no prophet to foresee continued a greater advancement for Saint Joseph's Hospital, under the capable guidance of its present Superior, Mother M. Martina, who returned six years ago and assumed charge the second time, after an absence of twenty years, and has directed affairs so well during the present world-wide crisis.

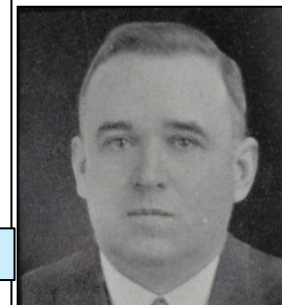
The present capacity of the hospital is two hundred beds.

The writer had the honour and privilege of being the first interne.



*Fat or thin: your destiny is controlled from the diet kitchen by Miss Webster.*

*Written by Dr Downes*



## 1934 Present Staff of Supervisors

<b>Surgical Services</b>	<i>J.R. Parry B.A., M.B., F.R.C.S. (Canada) L.L. Playfair M.D.C.M., F.R.C.S. (Edinburgh) F. Woodhall M.B. Wm Jamieson M.B. Sister M. Vincent Reg. N. Sister M. Angelica Reg. N. Sister M. Camilla Reg. N.</i>
<b>Operating Rooms</b>	<i>Sister M. Loretta Reg. N. Sister M. Gerard Reg. N.</i>
<b>Medical Services</b>	<i>W.P. Downes B.A., M.B.C.M. J.H. Sullivan M.D. Sister Jeanne Marie Reg. N. Sister M. Lioba Reg. N.</i>
<b>Obstetrical Services</b>	<i>Sister M. Raphael Reg. N.</i>
<b>X-Ray Department</b>	<i>L.R. Hess M.B., F.A.C.P. (Canada) Sister M. Alphonse Reg. N.</i>
<b>Laboratory Dept.</b>	<i>E.N. Ballantyne B.A., M.D., M.Sc Sister M. Audrey Reg. N.</i>
<b>Pharmacy</b>	<i>E.K.Reid Phm. B. Sister M. Herman Reg. N. Sister M. Ancilla</i>

# The Alumnae Association

## Songs from the Wards

- 100—"We won't get off until morning."
- 200—"What'll I do, what I'll do."
- 300—"I don't know why."
- B.—"You're driving me crazy."
- C.—"Tramp, tramp, the boys are marching."
- St. Monica's—"Pink elephants on the ceiling, pink elephants on the wall."
- Casa Maria—"Ten baby fingers and ten baby toes."
- Nursery—"You've got the sweetest little baby face."
- Nurse's Residence—"Oh it's nice to get up in the morning."
- Diet Kitchen—"Cut yourself a piece of cake and make yourself at home."

THE Alumnae Association was organized in 1915 and affiliated with the Canadian Nurses' Association as a means of mutual benefit to the graduates of the School, and forms a very important part of every nurse's professional life.

Its object is to keep the graduates in friendly touch with each other and with their Alma Mater, and further, to maintain the very highest standards of professional nursing.

The members of our Alumnae have shown an excellent spirit of co-operation in the affairs of the Training School. Through their efforts, valuable contributions have been made to the equipment of the school so that every possible facility might be available for the instruction of the student nurses.

The present members are represented in all branches of nursing, e.g., Public Health, Child Welfare, Industrial and School Nursing and Private Duty Nursing.



## Catholic Women's League

THE Catholic Women's League provides a work committee, which meets twice a week to make surgical dressings and sewing articles for the supply room. This outstanding activity of the League, dating back to the early days of the war, has been under the convenerhips of the following ladies: the late Mrs. W. H. Lovering; Mrs. F. H. Whitton; the late Mrs. O'Gorman and Mrs. A. Anderson, the present convener. The report of Mrs. Anderson for the past year stated that 410,012 surgical dressings and 3,597 sewing articles were made for the hospital.

## Junior Catholic Women's League

THE hospital work carried on by the Junior Branch of the Catholic Women's League was re-organized last October under the convenerhip of Miss Helen Brennan. In January Miss Brennan entered the Religious Life and the work at the hospital was taken over by Miss H. Dorothy Ince.

The girls who signified their intention and willingness to go to the Hospital were divided into six groups of approximately eight girls to a group. Each group took its turn in making dressings and bandages at the hospital on Saturday afternoons. During the past year a total of 12,848 dressings were made.

The splendid work carried on by these two branches of the League in aid of the hospital has been of great assistance in meeting the daily demand for surgical dressings.

1943 - 1944

*Agnes Smith '34 was the Representative to the Canadian Nurse for the Nurses Alumnae Executive*

1944-1945

*Agnes served on the Executive Committee for the Nurses Alumnae*



Agnes Smith

## “Ye Newe Senior Classe”

HAVING obtained permission from Sistere Monica, who is mistress of nurses, I walked into the classe halle and behelde 21 wenches, dressed in blue and whyte, all looking verye comely and intelligent.

First there happened Mistress Telfere, a quiet, winsome lass with black, curlye haire; then came goldened haired, azure-eyed Nurse Atwell. Methinks Nelle Gwyn lacketh in capers such as she! Mistress Harte, betwixt, of Spanish origin, who would looke welle with any courtier in our Queen’s Companye. Wherein appears ‘Chris’, with turned up chin which betoken determination which wille carrye her far. The nexte seat was empyte, but I perceived a little maiden, cleaning the blackboard with much vigore ah yes! **Mistress Nicholson** sits there, when she doth set. What now! so sleepy head bente lowe, when raiseth, perceiveth Mistress Culver, with dewy lids o’er merrye blue eyes; but she be too fond of horses and have bow-legs! Cometh nexte Mistress Enderbye, whose smoothe, haughtye complexion woulde make our Queene Elizabeth verie envious, when mine eyes behelde a quiet damsel with so shining auburn hair. May thou shine always in spirit as welle, Mistress Marr. Mistress McCowell sits verie straight, thus giving hint of character, which is of best.

Then mye hearte go pitter-patter, for there reclines a ladye with as sweet a face as ever I see, Mistress Murphy; without a doubt she must be Irish with name and face so round as that. Observe ye



*Class of 1935*

**BACK ROW:** Ruth Lumsden, Rachel Weatherill, Rita Churchill, Marie Haslem, Doris Murphy,  
Dorothy Roadhouse, Florence Palmer, Joan Morris, Gwendolyn Zuber, Ann McCowell  
**SEATED:** Marjorie Marr, Ethel Christopher, Phyllis Atwell, Agnes Nicholson, Leah Culver,  
Eileen Enderby, Elsie Hart, Dorothy Telfer

well next damsel, Mistress Roadhouse, so be it she would barely come to Sir Franklin’s waiste, but methinks she coulde holde her own with that same young rake.

Who be that maiden with shining halo round about? You reply ‘Mistress Weatherill, tis her faire curls which maketh halo so bright.’ Methinks tis something else besides.

Then cometh Mistress Churchill. Let poets write of those smiling Irish eyes, tis not for such as I. Hark! What voice so sweetly singing:

*“For her love I carke, and care,  
For her love I droop, and dare,  
For her love my bliss is blare,  
And I wax wan.”*

Tis a love sick knichte, who hath travelled over the king’s highway from that wondrous citey Kingston.

Sadie Palmer sitteth nexte, she be always on the job, quick, alert, intelligent—everything a nurse should be. Then mye eyes perceive a faire buxom maiden, Nurse Haslem, who lays claim to Pennsylvanian-Dutch origin. If that be so she hath that which maketh for a fine woman, her ancestors having been U.E. Loyalists, which are the back-bone of this countrye.

Dear Nellye-Mae perched on the edge of her chaire, ever seeking knowledge, asking questions whenever perplexed, which be often. But, mark you, she will make a name for herself before she have done with this worlde.

And when I looke upon nexte faire faice, it gives me longing for artist’s skill that I might painte the Reigning Queene, Mistress Lumsden.

Last but not leaste stands Mistress Zuber, with face as innocent as new-borne babe, but she hath much knowledge stored behinde that face, and it falleth out of her mouthe at unexpected moment.

Nor must I forget our two sisters, Sistere M. St. Norbert and Sistere M. Dominica, whose habit denotes a life of sacrifice and devoted service to human kinde. Need I saye more?

*Joan Morris, The Reporter.*

*Sister M. St. Norbert ‘35 (Gwendolyn Zuber)  
Sister M. Domenica ‘35 (Ella Mae O’Neill)*



# Intermediate Class

WE, the intermediates of 1934, do hereby humbly request of the graduating class that they, in their last will and testament do bequeath to us the following legacies: Miss Harvey's leadership to Marcelle Carr. Miss Smith's stature to Jessie McNaughton. Miss Schweyer's giggle to Agnes O'Neil. Miss McGillicuddy's late leaves to Lena Everett. Miss Muirhead's walk to Helen Balfe. Miss Dooley's braid to Billie Lothian. Mrs. Habkirk's dignity to Jeanne Fox. Miss Mackey's love of pediatrics to Irene Whittaker. Miss Pearce's calmness to Marguerite Cupples. Miss Dean's reserve to Marion Fleming. Miss Scott's charting ability to Dolores Sherk. Miss Hannah's social activities to Anne Federchuck. Miss Moore's speed to Ruth Decker. Miss Durward's sweetness to Kay Barry. Miss Minden's silence to Mary Kelly. Miss Broker's sun tan to Birdella Lynch. Miss Selkirk's daintiness to Mary Miller. Miss Hewson's singing ability to Dorothy Dwyer. Miss Costie's blondness to Irene McCarthy. Miss Goetz's dancing ability to Gertie Boyd. Miss Craig's sophistication to Gwen. Keary. Miss Bassindale's studiousness to Margaret Nelligan. Miss Chamberlain's early rising to Kay Gillen. Miss Muldoon's patience to Hazel Elliott. Miss Nunziato's literary ability to Betty Cocker. Miss Cobb's technique to Dorothy Hurst. Miss Easterbrook's slimness to Nellie Ferguson.

We appoint our classmate, Sister St. Joseph, sole executrix of this will.

The path of success is steep, but we feel sure that if our graduating class will bequeath these merits, we will do our part in retaining the high standards which they have set before us.

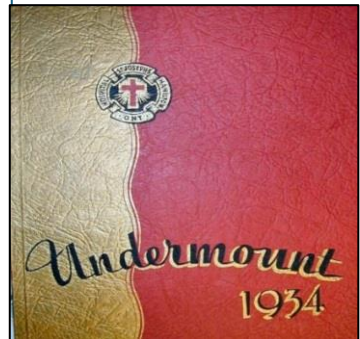
*Sister Annacieta '36*

*Left to right* **Class of 1936**  
**FRONT ROW:** Marcelle Carr, Jessie MacNaughton, Agnes O'Neill, Lena Everett, Helen Balfe, Lillian Lothian, Jeanne Fox, Irene Whittaker, Marguerite Cupples, Marian Fleming  
**STANDING:** Dolores Sherk, Anne Federchuck, Ruth Decker, Kathleen Barry, Mary Kelly, Birdella Lynch, Mary Miller, Dorothy Dwyer, Irene McCarthy, Gertrude Boyd, Gwendolyn Keary, Margaret Nelligan, Catherine Gillen, Hazel Elliott, Betty Cocker, Dorothy Hurst, Nellie Ferguson

## Our First Year Book

In completing our first book in honour of the Graduating Class of 1934, we make special mention with our thanks for their co-operation, of the following:

- The Printers**—Davis-Lisson Limited, who designed and printed the "Undermount".
- Portraits**—By Hubert Beckett of Mother Matrina, Sister Monica, the Graduates, Miss Boyd, Miss Webster, Mrs. Fellows, E. J. K. Reid and Doctors: Wm. Jamieson, H. J. Sullivan, F. Woodhall, K. Murray, J. R. Parry, A. A. Cauley, A. C. Martin, J. H. Kreiner, A. D. Kelly, V. R. Lapp, T. A. Bertram.
- Illustrated** by Leonard Davis and his Leica camera with views and candid photographs.
- Our Advertisers**—Whose financial support made our book possible. It is our duty to patronize them fully. Say you read their advertisement in "Undermount".



# Junior Class

Sing a song of probies  
Coming in to train,  
A specialist examined them  
And said, "Oh yes! They're sane."  
They put them in the wards to work,  
To dust and make the beds.  
Now, wasn't that a pretty sight,  
I say, to greet the Heads.

The Heads were in the office  
Counting over marks,  
To count so many blinking things  
They surely must be sharks.  
But when the job was over,  
Hands they rested in their laps  
And they said, let's call the proby class  
And give them all their caps.

**A**s probationers we were called to the classroom at ten o'clock on June 7th. At ten-thirty we left, wearing the new white caps which signified that we had attained the dignity of junior nurses. Now we do not feel it will be so difficult for us to acquire the poise suggested by Grenville Kleiser in:

## MENTAL POISE

When you feel like saying something  
That you know you will regret,  
Or keenly feel an insult  
Not quite easy to forget,  
That's the time to curb resentment  
And maintain a mental peace,  
For when your mind is tranquil  
All your ill-thoughts simply cease.  
It is easy to be angry  
When defrauded or defied,  
To be peeved and disappointed  
If your wishes are denied;

But to win a worth-while battle  
Over selfishness and spite,  
You must learn to keep strict silence  
Though you know you're in the right.  
So keep your mental balance  
When confronted by a foe,  
Be it enemy in ambush,  
Or some danger that you know.  
If you are poised and tranquil  
When all around is strife,  
Be assured that you have mastered  
The most vital thing in life.

—Grenville Kleiser.



*Left to right* *Class of 1937*  
*BACK ROW: Catherine Birmingham, Gladys Lund, Mary McLaughlin, Grace Crozier,  
Marie O'Hagan, Lenore Gallaher, Doris Brain, Blanche Dickinson*  
*FRONT ROW: Anne McInnes, Mary Nelligan, Catherine Messer, Doris Corey, Marian Webb,  
Pearl Enushevsky, Rachel Sherk*

*Material in this presentation was gathered from several sources:  
"Undermount" Yearbook 1934  
newspaper articles in the Hamilton Spectator  
Alumnae Minutes & articles from the archives at the Motherhouse  
And photos from reunion day celebrations and Alumnae Newsletters.*

*Sister St. Joseph '37*



Sister Mary Grace '34

*A native daughter of Hamilton Sister Mary Grace Stevens graduated from St. Joseph's Hospital, Nurses' Graduating Class in 1934. She was an instructor of Nursing and in 1940 was appointed Superintendent of Nurses. Sister Mary Grace was a woman ahead of her time, visionary, fair minded, with a talent for administration.*

- 1954-1960 Hospital Administrator, St. Joseph's Hospital, Hamilton*
- 1960-1963 Hospital Administrator, St. Mary's Hospital, Kitchener*
- 1963-1970 Hospital Administrator, St. Joseph's Hospital, Hamilton*

*During her time as administrator, she worked with some of the most advanced ideas being introduced in hospital management. She was known as a forward thinker. She set in motion the plan to build the new surgical wing in the late 1950's based on the Freisen Concept.*

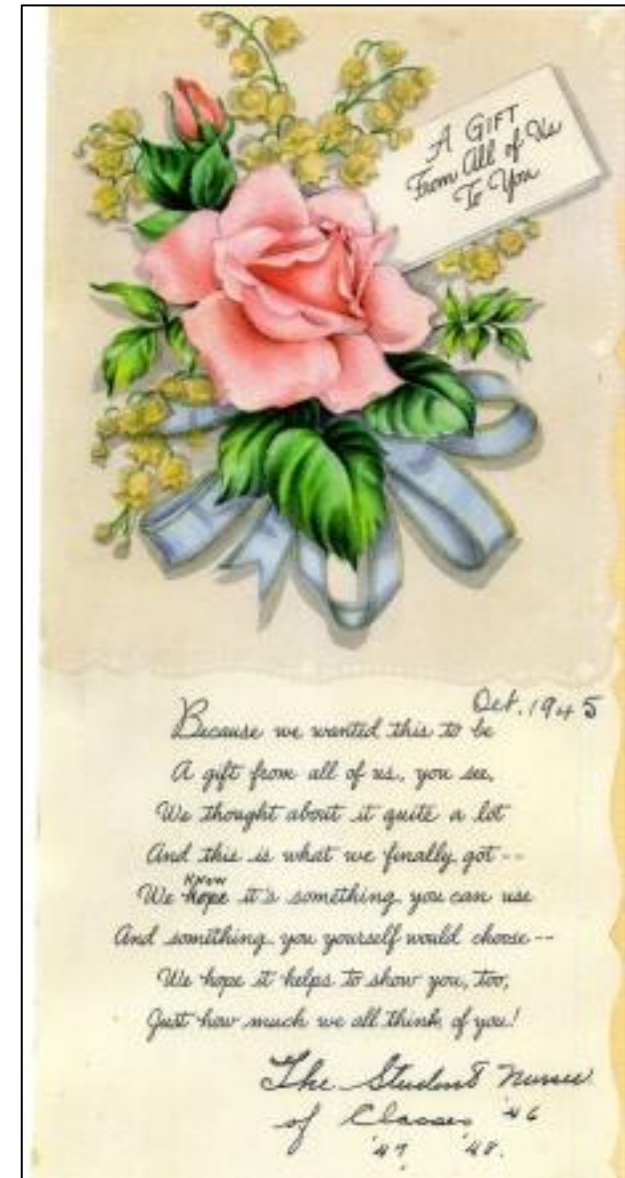
*In the late 1950's she worked with Piggott Engineering in the planning and construction of Fontbonne Hall, which opened as a Nurses' Residence in the early 1960's.*

*In 1958 Sister Mary Grace advertised for the position of a Medical Director. Dr. Ken Williams was hired as the first Medical Director of any of the 285 Catholic Hospitals in Canada.*

*Sister wanted a hospital committed to quality patient care in order to meet Hospital Accreditation Standards. Working together with Dr. Williams, they achieved this goal.*

*The large surgical building in the present hospital, "The Mary Grace Wing" is named after her,*

*Sister Mary Grace entered eternal life on November 13, 1999.*



**Sister Mary Grace**  
entered Eternal Life November 13, 1999

*Her favourite colour was pick, so pink was the colour chosen for the announcements and for dinner tickets for Reunion Day 2000*

**Sister Mary Grace Stevens graduated in 1934**  
She created a scrapbook of "all things St Joseph's (school of nursing, hospital, graduations etc) and kept it at the Motherhouse in Dundas

St. Joseph's Hospital

School Of Nursing

1932 - 1962 class



ST. JOSEPH'S GRADS  
AND NURSING FRIENDS OF THE ALUMNAE  
ANNUAL REUNION DAY

Friday, June 9, 2000

MASS OF REMEMBRANCE

Fontbonne Auditorium  
11:30 a.m.

Followed by Reception  
(Monetary Donations Appreciated)

ANNUAL REUNION DINNER

Chedoke Hall  
Hamilton Convention Centre  
115 King Street West, Hamilton

Bar Open: 5:00 p.m. Diner: 6:30 p.m.  
Tickets: \$35.00

Tickets available from:  
Karen Martin  
31 Chedoke Avenue  
Hamilton, Ontario  
L8P 4P1  
527-6029

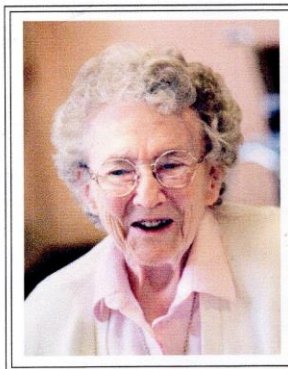
PLEASE:  
State year of graduation or year you  
wish to sit with when ordering tickets.  
Send a self-addressed stamped envelope.  
Please identify special diet.

All cheques and money orders made payable to:  
Alumnae Association  
St. Joseph's School of Nursing

In Canadian Funds

All tickets must be purchased by Monday, June 5, 2000

ST. JOSEPH'S SCHOOL OF NURSING  
ALUMNAE ASSOCIATION  
Hamilton, Ontario



SISTER MARY GRACE STEVENS, CSJ

Graduated from St. Joseph's School of Nursing, Hamilton 1934  
Entered Eternal Life: November 13, 1999

Reunion Day  
Liturgy of Thanksgiving

Friday, June 9, 2000  
St. Joseph's Hospital  
Fontbonne Hall  
Hamilton, Ontario

ALUMNAE ASSOCIATION OF  
ST. JOSEPH'S SCHOOL OF NURSING  
ANNUAL DINNER

ANNUAL REUNION DINNER  
FRIDAY, JUNE 9, 2000

Cash Bar: 5:00 p.m. Diner: 6:30 p.m.

CHEDOKE HALL  
Hamilton Convention Centre  
115 King St. West, Hamilton

Tickets: \$35.00  
REFUNDS UP TO JUNE 5, 2000

## PROFILE

*Sister Mary Grace 1902-1999*

*Mary Grace, force behind St. Joseph's  
"Gutsy lady made it a progressive hospital"*

These were the headlines in the Hamilton Spectator article on the death of one of St. Joseph's most prominent and influential Alumnus.

Sister was born in Hamilton in 1902, entered the order of the Sisters of St. Joseph where she took her vows in 1928 and graduated from St. Joseph's School of Nursing in 1934.

During her sixty year Nursing career, which included Guelph and Kitchener, she was most prominent during her tenure as Administrator at St. Joseph's in Hamilton.

Many of us remember Sister either as a teacher, supervisor or Administrator. Her signature is on many of our graduation diplomas. But it was her progressive leadership skills that helped shape our hospital into what it is today.

As Administrator in the fifty's, Sister hired a Medical Director, the first Catholic Hospital in Canada to do so, oversaw the construction of the new wing on Charlton Avenue, the second coronary care unit in Canada, and the country's third Dialysis Unit.

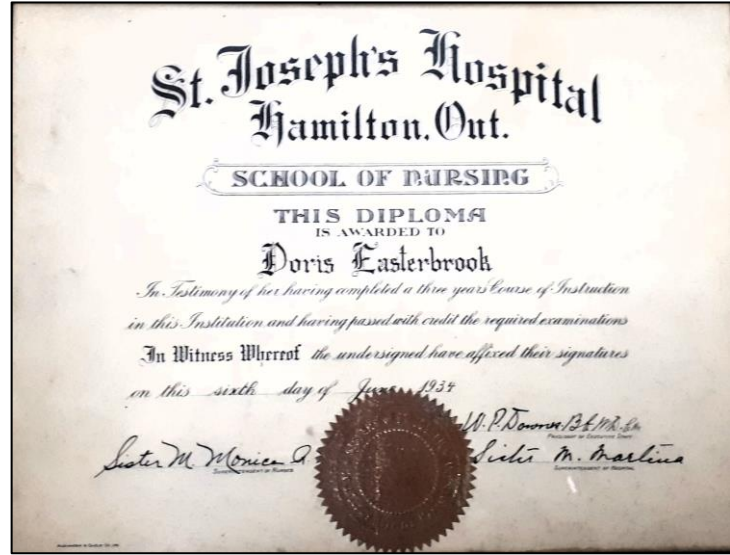
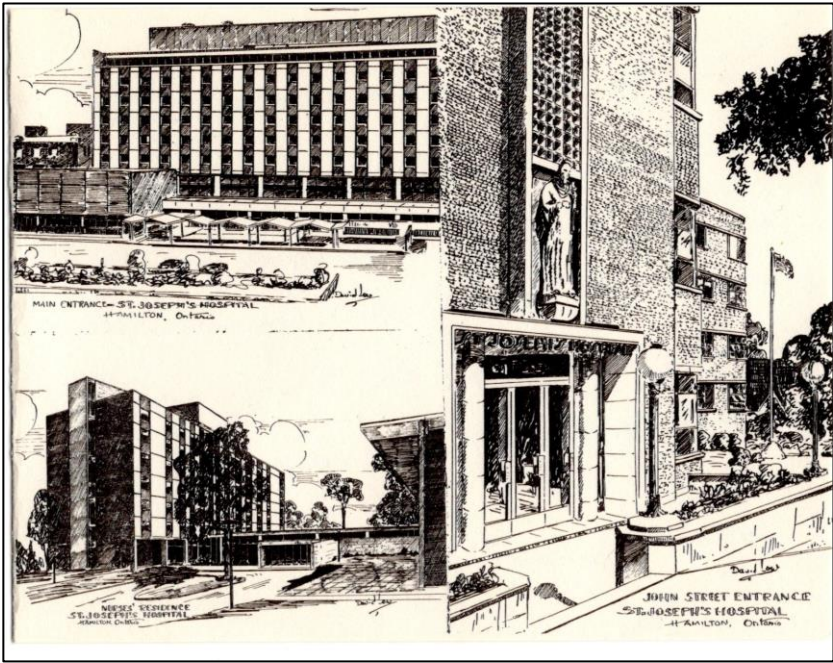
Sister retired from St. Jo's in 1970. The Hospital Board's retirement gift was a trip to Europe including an audience with the Pope. A hospital wing is also named after her.

Sister spent her last years at St. Joseph's Villa in Dundas, acting as Administrator and finally assisting in Pastoral Care before retiring permanently.

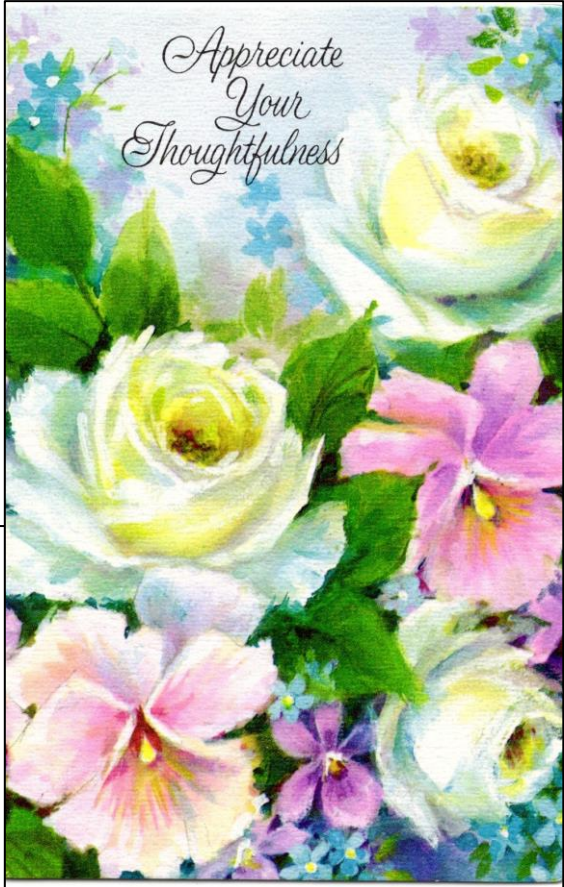
On November 13, 1999, Sister closed her eyes for the last time.

*May she rest in peace.*





Doris Easterbrook '34



1970 Card sent to the Alumnae by Sister Mary Grace '34

New Years Greeting to the  
members of our Alumnae  
and my sincere thanks for  
your kind Christmas remembrance.  
May 1970 be a year of health  
and happiness to all of you  
Sincerely Sr. Mary Grace

My sincere thanks  
to all the members  
of the Alumnae  
I enjoyed meeting so  
many friends, a  
delicious dinner and  
I love my Crested Mug.  
Wishing Much Success  
to the Executive.

THANK  
YOU  
SO MUCH

Sister Mary Grace



Thank you card sent to the Alumnae by Sister Mary Grace '34 following a reunion dinner and receiving a crested mug.

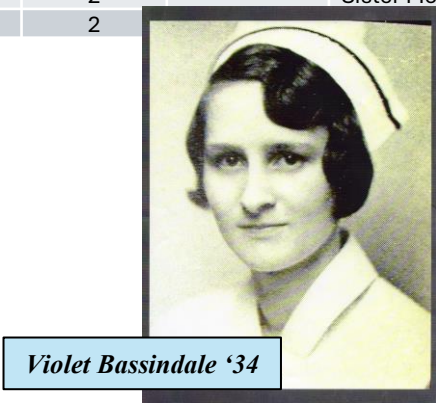
EXAM PAPER S	SUBJECT	# OF PAGES	YEAR	COMMENTS
<i>Exam Papers for 1934 donated by Violet Bassindale '34</i>				
1	Hospital housekeeping	6		
2	General review	5	1931	
3	General review	6	1931	cleaning & sterilizing instruments
4	General review	6	1931	vascular system
5	First Aid	2	1933	Dr Playfair
6	massage	2	1934	Mrs Fellows
7	Obstetrics	2	1933	Dr Downes
8	Pediatrics	2	1933	Dr Brough
9	Dietetics	2	1933	Miss Gibbons
10	O.R. Technique	2	1933	Sister Gerard
11	Medical Nursing	3	1933	Miss Gibson
12	Surgical Nursing	4	1933	Miss Gibson
13	Bacteriology	4	1932	Dr Ballantyne
14	Anatomy and Physiology	2	1932	Dr lang
15	Materia Medica	2	1932	Dr Downes
16	Urinalysis	2	1932	Sister Monica
17	Dermatology	2	1933	Dr Jaffrey
18	Orthopedics	2	1933	Dr Woodhall
19	Drugs and Solutions	2	1931	Sister Monica
20	Tuberculosis	2	1933	Dr Aitcheson
21	Gynecology	3	1933	Dr Jamieson
22	Psychology	2	1931	Sister Monica
23	Surgery	2	1933	Dr Stevenson
24	Metabolism and Anaesthetics	2	1932	Dr Brough
25	Special Senses	2	1933	Dr Lapp
26	Public Health	2	1933	Miss Boyd
27	Bacteriology	2		Sister Monica
28	Nursing Principles	4	1931	
29	Ethics and History of Nursing	3		
30	Anatomy	2		Sister Monica
31	Hygiene and Sanitation	2		

*Violet Bassindale '34 contributed many items to the Alumnae Archives*

*School of Nursing Graduation Diploma 1934*  
*Registered Nurse Diploma 1935*  
*Florence Nightingale Pledge (framed) 0*  
*Renewal Certificate for 1939 (\$1)*  
*Renewal Certificate for 1940 (\$1)*  
*Middle School Examination Certificate*  
*Envelope for 1st pay*  
*1934 Yearbook*  
*Note Books – notes from class lectures*

*Text Books     Anatomy & Physiology                     published 1931*  
*principles & Practice of Nursing         published 1927*  
*Diseases of Children for Nursing*  
*Pattee's Diabetics     published 1931*  
*Outline of Matrica medica                                 published 1930*  
*Obstetrics for Nurses                                         published 1931*  
*Medical Dictionary     published 1930*  
*Health Almanac published 1934*  
*Loose Leaf Note Books x3*  
*Baby Books x2*

*Exam Papers     31 topics*



*Violet Bassindale '34*

CLASS NOTES	SUBJECT	# OF PAGES	
1	History of Orthopedics	2	
2	Tuberculosis & other infections of bone	7	
3	Orthopedic Conditions	5	Rickets / Scoliosis / Bow Legs / Knock Knees / etc
4	Orthopedic Conditions	4	Club Feet / Congenital Dislocation of Hip / Exostosis / Spastic Paralysis
5	Arthritis	4	
6	Treatment of Tuberculosis	5	
7	Gynecology	6	
8	Cancer	1	
9	Medicine	1	1933 Dr Downes lecture on Urology
10	Respiratory Conditions	1	1933 Dr Downes
11	E.N.T.	10	Dr Lapp
12	Dermatology	7	
13	Organic Brain Disease	2	
14	Diet Sheets	4	

*Class Notes for 1934 donated by Violet Bassindale '34*

MAKING OUR HEARTS SMILE

Helen Yetman is a delightful lady! One of my favorites, as a matter of fact. I know that you'd love a conversation with her. That is, of course, if you can manage to track her down. She isn't always easy to find, what with her busy schedule and all.

Helen has only been a parishioner in our parish for 2 1/2 years, but she has managed from the very beginning to fit so well into the parish community that her involvement is broad. She not only takes part in a variety of activities, but she brings a wonderful warmth to each one of them and the people who work with her always enjoy it.

"Nana", as she is known by most of her friends, goes out for lunch EVERYDAY and usually stops to make a visit to the Blessed Sacrament on the way home. (As a former resident of Staten Island, where churches are always locked, she considers this a real privilege that our church is always open and is grateful to Father Walz for making it a reality.) Every Wednesday, Helen goes to Cedarcroft Nursing Home to visit the people who live there and to pray the rosary with them. She also goes regularly "out to the Mountain" to Marymount Nursing Home to pray the rosary with the Legion of Mary at the bedside of Loretta Combs. Nana took a morning out to cut apples in preparation for the famous St. Joseph apple butter for the Sausage Supper. Just having her there to share in the activities brought a smile to the hearts of many of the other workers. That's just the effect she has on people.

Those women who had the opportunity of attending the Women's Guild Fashion Show in October, and even the other models, would be quick to agree that Nana stole the show as she made her way down the runway, escorted arm-in-arm by tuxedoed Tom Zlatic. (Word has it that she even gave him a kiss the night of rehearsal!)

Nana makes a point of supporting parish activities like the Fish Fries during Lent and is always most receptive and pleasant with anyone who stops at her table to chat.

This charming lady includes travel among her many interests. The high point of last summer was her trip to Disney World, and she is happily anticipating a trip to Canada in May for her 55-year "class reunion" as a Registered Nurse. Nana (along with the wonderful stories she has to tell) has brought many smiles to the parish community of St. Joe, and it is our privilege to know her! (Maybe the reason she has so many great stories about life is that she has had 92 years to collect them.)

excerpt from Alumnae Newsletter September 1989

The following article was given to the Alumnae Newsletter Editor by Terry Schmidt, the very proud daughter of Helen Foley Yetman. It appeared in the church newspaper in Manchester, Missouri.



Helen Foley

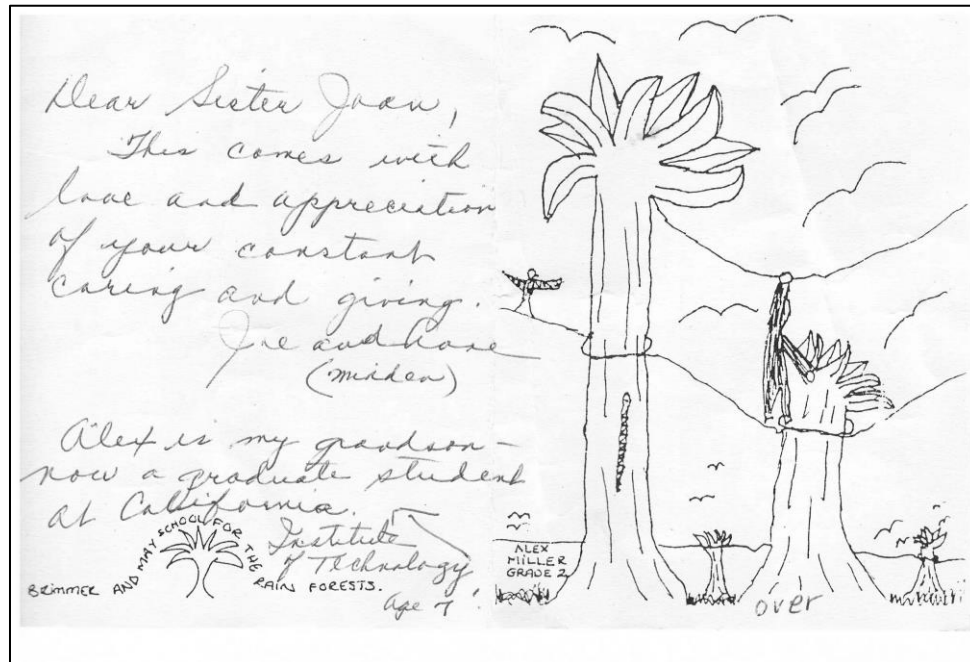


Helen Foley Yetman '34  
Reunion Day 1989



The Class of '34 —  
Still the Class of '84!

Reunion Day 1984  
Class of 1934 Celebrating 50 Years



Sophia Minden Myner

Sir - Sophia Minden graduated in I believe 1933 (the same class as Sister Mary Grace. And I know she would want these to go into whatever archives there are. She spoke

often of her happy years at St. Joseph's School of Nursing. Anne Minden



These drawings were given to Sister Joan O'Sullivan by Dr. Joseph & Anne Minden. Dr. Joseph Minden was on staff at St Joseph's Hospital as a general surgeon. Sophia Minden was a graduate of the class of 1934. She was also an instructor at the St. Joseph School of Nursing



## GRADUATION May 18, 1939

Left to right: front row: Mary Vince, Minnie Sutherland, Beryl Verner, Doris Bunker, Muriel Betzner, Marie Vollick, Virginia Condon, Josephine Nunziato, Jean Stevenson, Betty Scheer, Celine O'Donohue, Brana Dysiewicz

Left to right: back row: Doris Switzer, Doris Palmerston, Evelyn Goetler, Norma McGill Edna Williamson, Teresa Latimer, Beth Wilhelm, Zelda Kennedy, Jean Leslie, Alice Lansing, Mary Williams, Jean Murphy, Mary Stickles



Uniform worn by Edna Williamson '39



Josephine Nunziato '39



Doris Bunker '39



Josephine Nunziato '39



Doris Bunker '39 Irene Murray '19 Ethel Gilmour '41

*Josephine Nunziato was a graduate in the class of 1939. Her family has written her biography*

*Josephine Blanche Nunziato was born March 6, 1917 and died May 22, 2002. She graduated from St. Joseph's School of Nursing in Hamilton in the class of 1939. She is seen in the class photo standing 10<sup>th</sup> from the right.*

*She was the 2<sup>nd</sup> of 9 children of Carmine and Orsola Nunziato. She grew up on Fairfield Ave in east Hamilton.*

*After graduation she nursed at the Hamilton T. B. Sanatorium, then the Haldimand War Memorial Hospital in Dunnville.*

*The family believes this was part of the requirements for completing her registration process. She also continued to take on private in – home nursing positions.*

*In 1944, she married William Leonard Robinson and made the transition from city life to rural farm life. Josephine and Leonard raised a son and daughter in the small community of Warner, east of Hamilton.*

*She would sometimes reminisce about being a student nurse, reflecting on the strict rules, ensuring all work was done before leaving the floor to go for a break and finding the food nearly gone by the time she reached the cafeteria.*

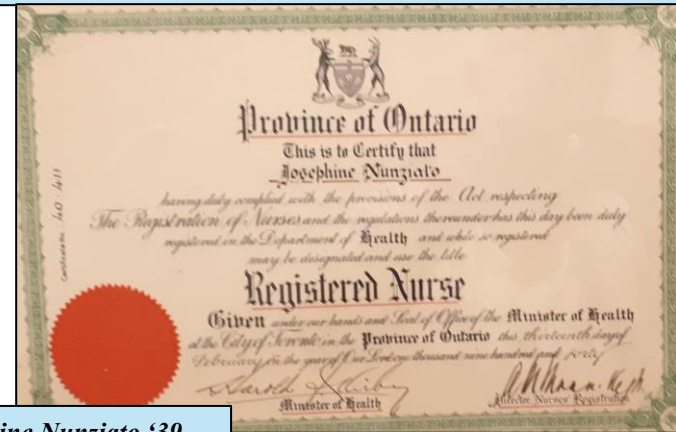
*Being a very petite woman she also remembered the difficulty of moving patients between floors, manually up and down the stairs.*

*She could not come home often even though she lived in the same city.*

*Her youngest sister Louise has a vivid memory of a stranger standing in the hallway of the family home dressed in a sparkling white uniform navy cape and cap and not recognizing her own sister.*

1951 – 1954 Doris Bunker '39 served on the Alumnae Executive as Treasurer

1942 – 1944 Celine O'Donohue '39 served on the Alumnae Executive as a member of the Executive Committee for Special O.R. equipment



Josephine Nunziato '39